

Endearing Gems from Francisco Cândido Xavier

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Jussara Korngold & Marie Levinson



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Endearing



Gems

from Francisco Cândido Xavier



Jussara Korngold & Marie Levinson

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The Spiritist Group of New York (SGNY) is a non-profit organization, has the sole aim to promote and disseminate the Spiritist Doctrine in English, as codified by Allan Kardec.

The group was officially established on April 12th, 2001. However, the members of the group have been earnestly fostering the dissemination of the Spiritist Doctrine in the United States for over six years.

As a result, a number of its founders and participating members have founded The Spiritist Alliance for Books (SAB), which is an organization that aims to unite people from all over the world who are willing to volunteer in the effort of translating spiritist books (which were originally written in other languages) into English.

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## PREFACE

In the year 2002 we found ourselves in such a great quandary due to the departure of such a dear and valuable missionary, the true example of self-denial and love to others, and we could not avoid being concerned about the present situation of the spiritists located in the United States striving for the dissemination of the Spiritist Philosophy in the Americas. Therefore, we have gathered in this book a collection of articles, interviews and book excerpts, in order for the reader of the English speaking countries to understand and to get to know a little about the extraordinary person that Francisco (Chico) de Paula Cândido Xavier was. As Jesus said it is by the fruits that we know about the quality of the tree, and in the same manner, it is by the work he left us that we can see how valuable he was.

From the more than 400 books that were channeled by Francisco Xavier, so far only three (*Nosso Lar - A Spiritual Home*, *Life Goes On*, and *Christian Agenda*) have been translated and published into English, thanks to the Herculean efforts accomplished by a small group of dedicated hard-working Spiritists.<sup>1</sup>

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<sup>1</sup> "2000 Years Ago" and "Paul and Stephen," "In the Domain of Mediumship," "Disobsession" and "The Messengers." will soon be available to the public.

With this book, we pay our humble homage to Mr. Francisco Cândido Xavier. The reader will be delightfully pleased with some of the enlightening messages and examples of his life that have been illuminating our hearts and giving us the vital understanding throughout the years of our humble service in the name of Our Father.

*Jussara Korngold & Marie Levinson*

*New York – January 2004*

## FRANCISCO XAVIER'S RETURN TO THE SPIRITUAL WORLD

“When he immersed in the physical body for the ministry that he would have to pursue, the future was filled with promises and expectations. Working tirelessly, he widened the field of solidarity lighting the torches of the rational faith that spread through the uncommon mediumistic testimonies. He illuminated lives that had become lighthouses and support to so many other existences.

He has never glorified himself and never become disheartened, even when he was bombarded by perverse accusations. He remained faithful to his duty without concerning himself or presenting any self-defense or justifications for his actions.

Little by little, through his examples, his integrity, his heroic Christian efforts, he touched and reached out to thousands of people and their leaders, who had already begun to love him. He became a role model of behavior, becoming the reliable representative to receive mediumistically precise information about the spiritual world and the phenomena of mediumship.

Because of this, he accomplished and achieved an incomparable mediumistic mandate. His discarnation was gentle and sweet, allowing his body to appease. He ascended to the loftiest regions of the infinite, being recognized by JESUS, who lovingly received him in His goodness, affirming: “Rest for a while, my son, in order to forget all the sadness on Earth and enjoy the peaceful pleasures of the Kingdom of Heaven.”

*Divaldo P. Franco - Joanna de Ângelis  
Psychographed message received, July 2nd, 2002, in Portuguese.*

## HAPPINESS

“Happiness does not come from possessions or power, but rather from a wise and dedicated heart.”

FRANCISCO CÂNDIDO XAVIER

## SELFISHNESS

“Selfishness causes us to see competitors in everyone.  
Fraternity finds brothers and sisters in all.”

FRANCISCO CÂNDIDO XAVIER

## ACCOMPLISHMENT

“Jesus said: ‘to each one will be granted according to his own work.’ Do not worry about the others, except to help them; because the law of God does not know you for what you observe, but through your accomplishment.”

ANDRÉ LUIZ - FRANCISCO CÂNDIDO XAVIER

## GIVING THANKS

“Upon arising, thank God for the blessing of life. If you are not in the habit of praying, be composed and recall old thoughts of serenity and optimism for a few moments before resuming activity.”

ANDRÉ LUIZ - FRANCISCO CÂNDIDO XAVIER

## TO SERVE

“If you have erred, think about the assistance that you can render to others and correct yourself through work. Do not condemn yourself; serve more. God understands us.”

EMMANUEL - FRANCISCO CÂNDIDO XAVIER

## SPIRITUAL ATTACHMENT

“A spirit obsessor exerts upon us an influence proportional to the attracting weakness in our energy field.”

FRANCISCO CÂNDIDO XAVIER

## FRIENDS AND ADVERSARIES

"We need encouraging friends so that we perform our duties correctly, and adversaries to help us correct our lingering deficiencies."

FRANCISCO CÂNDIDO XAVIER



## LIFE GOES ON

“Death, to me, means a change of residence without loss of individuality, because life goes on carrying with it all that we have within ourselves, be it good or the absence of good. We will pass to the other life with that which we've gained ourselves.”

FRANCISCO CÂNDIDO XAVIER

## COOPERATION

"For the time being, your cooperation is not required in Paradise; without question, your reality at this time is to learn, to love, to help and to serve right here on Earth.”

ANDRÉ LUIZ - FRANCISCO CÂNDIDO XAVIER

## ILLUMINATING PATH

“Without good ways, you will live without the trust of others.

Without a fortress, you will succumb as you face the first obstacle on the road.

Without positive faith, you will wander without direction.

Without dedicating yourself to goodness, you will risk terrible hardening of your heart. Without noble examples, you will become useless to the world.

Without constructive work, the tedium will deplete your energy.

Without your own effort, you will never reach the doors to the Higher Realms.

Without hope, your terrestrial nights will be without light.

Without understanding, your way through the shadows will be painful.

Without a spirit of renouncement, you won't help illuminate the paths of others.”

ANDRÉ LUIZ - FRANCISCO CÂNDIDO XAVIER

## FORGIVENESS AND FREEDOM

“Let us learn how to forgive, achieving the freedom of service. The act of forgetting evil is indispensable if good is to be accomplished. Wherever you work, exercise tolerance so that the task is not receptive to disturbances.”

EMMANUEL - FRANCISCO CÂNDIDO XAVIER

## TO HEAL OUR ILLNESSES

“With every new day, we have opportunities to heal our illness or acquire more. Above all, the best medicine is a healthy will, because a feeble will weakens the imagination and a feeble imagination weakens the body.

A body's disease can create a disease of the soul, and a disease of the soul can provoke a disease of the body.”

ANDRÉ LUIZ - FRANCISCO CÂNDIDO XAVIER

## TO BE OF ASSISTANCE

“Do whatever you can so that not even one day goes by without a rendering of aid to one of Nature's living creatures.”

EMMANUEL - FRANCISCO CÂNDIDO XAVIER

### TO LISTEN IN SILENCE

“He who has no reason to criticize me deserves no response; whoever does have it, is being truthful, and we are powerless to go against the truth.

This is what Emmanuel has been teaching me. For this reason, during my entire life I have tried to listen in silence to the truths and lies that have been said about me.”

FRANCISCO CÂNDIDO XAVIER

### WORK AS A REMEDY

“Work is the remedy for many ailments of the body and soul; but, more so, for the illnesses of the soul. Whoever seeks a useful occupation, be it of whatever nature, escapes from the ambush that the obsessing spirits prepare for men on Earth.”

FRANCISCO CÂNDIDO XAVIER

## DO NOT DELAY YOUR WORK

"If I had waited for a more evolved spiritual condition to be of service, I would, as yet, not have commenced."

FRANCISCO CÂNDIDO XAVIER

## THE ART OF TREATING OTHERS

"It saddens me when someone is offensive to me, but I would, with certainty, feel worse if I had been the offender. It is terrible to be hurtful to anyone!"

FRANCISCO CÂNDIDO XAVIER

A TINY ANT

"Who am I, if not the tiniest ant walking on Earth fulfilling my obligations?"

FRANCISCO CÂNDIDO XAVIER

GOOD WILL

"Be very careful, then, how you live."

*Paul (Ephesians, 5:15)*

Good will discovers work.

Work creates the renovation.

Renovation finds goodness.

Goodness reveals the spirit of service.

The spirit of service yields understanding.

Understanding achieves humility.

Humility conquers love.

Love generates renunciation.

Renunciation attains the light.

The light realizes self evolvment.

Self evolvment sanctifies the individual.

A sanctified individual converts the world toward God.

By walking prudently, for simple good will, the individual will reach the Divine Kingdom of the Light.

EMMANUEL - FRANCISCO CÂNDIDO XAVIER

## ILL WILL

“Have nothing to do with the fruitless deeds of darkness.”

*Paul (Ephesians, 5:11)*

Ill will generates shadows.

The shadows favor stagnancy.

Stagnancy preserves evil.

Evil enthrones uselessness.

Uselessness creates discord.

Discord awakens pride.

Pride raises vanity.

Vanity stirs up inferior passions.

Inferior passions provoke lack of discipline.

Lack of discipline maintains the harshness of the heart.

Harshness of the heart imposes spiritual blindness.

Spiritual blindness leads to the precipice.

By involving himself in fruitless endeavors of incomprehension due to simple ill will, the individual can roll indefinitely toward the precipice of the shadows.

EMMANUEL - FRANCISCO CÂNDIDO XAVIER

## PROCEEDING WITH THE GOSPEL

"Without a doubt, Science has progressed by leaps and bounds; but man, who is capable of constructing robots and guiding them by remote control, from thousands and thousands of miles away, is still incapable of repairing the wings of an insect that he, inadvertently injured."

"Evolution is not achieved from one instant to the next; Brazil is a new country; we still have a lot to learn. It is essential to avoid the negative experiences of others. Our people are extraordinary; but, we still lack maturity. It is imperative that we proceed with the Gospel, because the nations that repel it, are all declining due to the excess in intelligence."

FRANCISCO CÂNDIDO XAVIER  
EXCERPTED FROM THE BOOK *O EVANGELHO DE CHICO XAVIER*,  
BY CARLOS BACCELLI

## THE FLEA

“Once upon a time a lady said to Chico:

‘Chico, I have already figured out what I was during apostolic times.’

And before he could reply, she added:

‘I was a martyr. I died in an arena devoured by a lion. And what about you Chico, do you already know who you were?’

‘Ah! My sister, I was a flea on the lion.’”

FRANCISCO CÂNDIDO XAVIER  
EXCERPTED FROM THE BOOK *CHICO DE FRANCISCO*

## THE GOLDEN MOMENT

“When difficulties multiply around you, causing you embarrassments and struggles...

When the vicissitudes appear to be so unbearable, that abandoning your obligations seems to be the only way out...

Then, and only then, will you have reached the golden moment to give testimony of your faith, because serving and acting upon facing fatigue and tribulations, you can be assured that due to your work and dedication, God will come to your aid with the unanticipated assistance and the unexpected light.”

FRANCISCO CÂNDIDO XAVIER - MEIMEI



## FIDELITY TO JESUS AND KARDEC

Dr. Elias Barbosa, in his book “No Mundo de Chico Xavier” (In the World of Chico Xavier), 5th edition, Institute of Spiritist Diffusion-IDE, page 69, Chico Xavier was asked:

“Has Emmanuel already mentioned Allan Kardec?”

“I remember that, in one of his first contacts with me, Emmanuel told me that he intended to work by my side for a long time, but that I should above all seek the teachings of Jesus and the lessons of Allan Kardec. He said in addition, that if by any chance, he advised me about anything that was not in accordance with the words of Jesus and Kardec that I should remain with Jesus and Kardec, and overlook him.”

FRANCISCO CÂNDIDO XAVIER

EXCERPTED FROM THE BOOK *CHICO DE FRANCISCO*

## THE OLDEST ONE

A lady who was a “pass-giver” for many years in the Spiritist Center approached Chico and asked him whether she was not too old and too tired to continue this task, and added:

“Look, I would like Emmanuel’s opinion, O.K.?”

And the great apostle answered:

“Chico, tell our sister that the oldest among us all is God and that He is still not tired.

FRANCISCO CÂNDIDO XAVIER

EXCERPTED FROM THE BOOK *CHICO DE FRANCISCO*

## THE WATER OF PEACE

“With reference to mediumship, heated discussions surrounded Chico.

“It is; it is not.”

“I saw; I did not see.”

And the medium sometimes went through long annoyances trying to explain, yet not being understood.

Therefore, when he prayed, quite often he felt discouraged and quite disheartened. One fine day, the Spirit of Maria João de Deus appeared to him and advised:

“My son, to cure these anxieties you must utilize the Water of Peace.”

The medium, satisfied, looked for this medication in all the pharmacies of Pedro Leopoldo. But he couldn't find it. Then, he decided to seek for it in Belo Horizonte. However, still in vain.

At the end of two weeks, he told his discarnate mother about his failure in this search.

His mother, Maria, smiled and informed him:

“You do not need to travel far in search for it. You can procure this remedy in your own home. The Water of Peace can be found in the tap water.”

When someone provokes you into irritability, have a glass of water, drink a little and conserve the rest in your mouth. Don't swallow it or dispose of it. While the temptation of answering persists, keep the water bathing the tongue.... This is The Water of Peace.”

FRANCISCO CÂNDIDO XAVIER

EXCERPTED FROM THE BOOK *CHICO DE FRANCISCO LINDOS CASOS DE CHICO XAVIER - RAMIRO GAMA.*

## DISCIPLINE

At the end of 1931 in a late afternoon Chico, was praying under the shade of a tree next to a dam, a very picturesque place in the north exit of Pedro Leopoldo, when he saw, at a short distance, a great luminous cross.

Little by little, within the formation of rays, someone appeared.

It was a likeable spirit, wearing a gown similar to those of the priests, who talked to him affectionately.

No one is completely sure about what they discussed during this afternoon, but Chico says that this was the first time he meet Emmanuel in his current life.

He says that at a certain point of the conversation, the spiritual guide asked him: "Are you really willing to work with mediumship according to the Gospel of Jesus?" "Yes, if the good Spirits do not abandon me," answered the medium.

"You will not be abandoned," said Emmanuel, "but in order for this to happen it is necessary that you work, study and be committed to righteousness."

"And do you think that I am ready to fulfill this commitment?" asked Chico.

"Very much so. If you apply yourself respectfully to the three basic rules for the service"

And since the Benefactor remained silent, Chico asked him:

"Which is the first rule?"

The reply came firmly:

"Discipline."

"And what is the second?"

"Discipline."

"And the third one?"

"Discipline."

The Spiritual friend bid farewell and the medium became aware that a new task was commencing for him.

FRANCISCO CÂNDIDO XAVIER  
EXCERPTED FROM THE BOOK *CHICO DE FRANCISCO*  
*LINDOS CASOS DE CHICO XAVIER - RAMIRO GAMA.*

## NOT TO LOSE

May God not permit me to lose my ROMANTICISM,  
though knowing that roses do not speak.

That I do not lose my OPTIMISM,  
though knowing that the future that awaits us is not a happy  
one.

That I do not lose my WILL TO LIVE,  
though knowing that life is, in many moments, painful.

That I do not lose my interest in MAKING GOOD FRIENDS,  
though knowing that, as the world turns,  
they wind up departing from our lives.

That I do not lose the will to HELP PEOPLE,  
though knowing that many of them are unable to see,  
to recognize and to return this help.

That I do not lose my EQUILIBRIUM,  
knowing that countless forces desire my downfall.

That I do not lose the WILL TO LOVE,  
though knowing that the person that I love best,  
may not share the same feelings for me.

That I do not lose the LIGHT and the BRILLIANCE OF MY  
EYES,  
though knowing that many things that I will see in the world,  
will darken my vision.

That I do not lose my ENTHUSIASM,  
though knowing that defeat and loss  
are two extremely dangerous adversaries.

That I do not lose my REASONING,  
though knowing that the temptations of life are countless  
and delightful.

That I do not lose the SENSE OF JUSTICE,  
though knowing that the one harmed could be me.

That I do not lose the STRENGTH OF MY EMBRACE,  
though aware that one day my arms will be weak.

That I do not lose the BEAUTY and THE HAPPINESS OF  
SIGHT,  
though knowing that a lot of tears will drop from my eyes  
and flow from my soul.

That I do not lose the LOVE FOR MY FAMILY,  
though knowing that many times it would demand  
incredible efforts on my part to maintain its harmony.

That I do not lose the will of GIVING THIS TREMENDOUS  
LOVE  
that exists in my heart,  
though knowing that often it will be subjected and even  
rejected.

That I do not lose the will to be GREAT,  
though knowing that the world is small.  
And above all...

That I never forget that God loves me infinitely,  
that a small grain of happiness and hope within each one is  
capable of changing and transforming anything, because

LIFE is CONSTRUCTED in our DREAMS  
And is SUMMED UP IN LOVE!

Lovingly,  
FRANCISCO CÂNDIDO XAVIER

## INTIMATE FORGIVENESS

When referring to forgiveness, the usual classic scene comes to mind wherein we have to confront our adversaries, displaying magnanimity and goodness toward them, as if we could get along without the tolerance of others.

The matter, however, affects us in diverse forms, particularly in those that are related to our daily life.

If we could not forgive the errors of our beloved ones, and if we could not be forgiven for the mistakes that we commit against them, frankly, the common existence would be impracticable, inasmuch as irritations and bitterness duly added would reach a sufficient level to provoke premature death to anyone.

We need to practice much more forgiveness in our home than in the outside arena, and much more reciprocal cooperation in the environment wherein we are called upon to participate, than in the hectic environments of the world.

To aid ourselves, all of us need to cultivate genuine understanding and further constructive assistance, in the systematic support of our families, neighbors, superiors and subordinates, customers and associates, and we have to observe constant respect for the private lives of our close friends; to observe tolerance toward our beloved ones, with patience and forgiveness overlooking any offences that may assault our hearts. We should not wait for calamitous

successes, public outcry and humiliation in the public square, in order to appear as actors of dramatizing benevolence, in spite of our obligation to practice goodness and to overlook evil.

Let us learn to be forgiving – but we must forgive with sincerity in our heart and in our mind – all the pinpricks and misfortunes, annoyances and disgusts appearing in the intimate circle of our personal relationships, perpetuating genuine goodness to become upright citizens. Only then, we will be able to practice the forgiveness that Jesus taught us. And if the Master recommended that we should forgive our enemies seventy times seven, how many times should we forgive the friends who are the cause of the happiness in our lives?

Certainly, Jesus was remiss in this question because our friends need us, as much as we need them, and, as a result, with interlaced hearts in the way of life, it is essential to recognize that between true friends, any occurrence will be a reason for learning, sincerely, to bless, to understand, to love and to be of assistance.

FRANCISCO CÂNDIDO XAVIER  
EXCERPTED FROM THE BOOK *ALMA E CORAÇÃO*

## CHARITY

Charity is, above all, friendship  
For one who is hungry, it is a plate of soup  
For one who is sad, it is a consoling word.  
For one who is evil, it is the patience that we must achieve  
to be of assistance.  
For one who is desperate, it is the heartfelt aid.  
For one who is ignorant, it is an unpretentious teaching.  
For one who is ungrateful, it is to forget.  
For one who is ill, it is a personal visit.  
For the student, it is a learning opportunity.  
For the children, it is constructive support.  
For the elderly, it is a brotherly shoulder.  
For the antagonist, it is the silence.  
For a friend, it is the stimulus.  
For one who is misguided, it is understanding.  
For one who is proud, it is humility.  
For one who is hotheaded, it is calm.  
For one who is lazy, it is work without imposition.  
For the impulsive, it is serenity.  
For the thoughtless, it is tolerance.  
For the slanderer, it is a kind remark.

For the disinherited of Earth, it is a tender expression.  
Charity is love, in an incessant and increased manifestation.  
It is the Sun of a thousand faces, shining upon all; it is the  
genii of a thousand hands, aiding, indistinctly in the work of  
goodness...  
...wherever you may be, among the just or the unjust, the  
good or the evil, happiness or unhappiness... wherever the  
Spirit of the Lord is present, there will the perpetual clarity  
for the benefit of the entire human race be scattered.  
Never forget that charity is the heart in your gesture, and,  
wherever there is charity, there we will find the presence of  
God.

EMMANUEL - FRANCISCO CÂNDIDO XAVIER

## IT WILL BE SUFFICIENT

The more you know, the better you can see yourself and be more capable of observing others.

If you have already reached similar areas of discernment, consider the incomprehension you feel that you are the object of, through the inner glasses that confer you a higher spiritual vision.

When you are facing someone who by chance hurts you, remember the obstacles that you have overcome, the illusions that you have surpassed and the bitterness, which you have already stored in the archives of your memory with your recommendation to peace and to forgetfulness.

Acting in this manner, you will observe in your companions, who may slander you, immature and sick hearts that it is necessary to tolerate, so that you do not become enmeshed in the labyrinth of useless afflictions.

Upon confronting any offenses, use mercy, employing silence and you will attract the light so that all shadows are dissolved. This one will ridicule your gestures of kindness, that one will attribute to you the authority over faults of which you are unaware, another will expose your previous wrongdoings to public contempt and still another will stone you without reason.

Do not complain about anything. Through the measure of our personal struggles, it will be possible for us to extend

unlimited compassion over the notches that are lanced on the path, always following.

Do not feel hurt, nor condemn anyone. Be quiet, bless, and be of service for the good of all.

In order to correct ourselves and readjust before the principles of truth and love, it will be enough, merely to be living.

MEIMEI - FRANCISCO CÂNDIDO XAVIER  
EXCERPTED FROM THE BOOK *PALAVRAS DO CORAÇÃO*



## OUR FATHER

When we suddenly awaken to reasoning, we finally encounter the living traces of God's Goodness all around us.

His immense affection manifested towards us is in the Sun that warms us, providing the sustenance and joy to all beings and all things;

in the clouds that shower rain for Nature's contentment; in waters from the rivers and the fountains, that run for the benefit of the cities, the fields and the flocks;

in the bread that feeds us; in the delightful sweetness of the wind that refreshes us;

in the goodness of the trees that extend their generous branches to us, in the form of arms full of blessings;

in the flowers that permeate and perfume the atmosphere;

in the tenderness yet secure safety of our homes;

in the assistance provided by our parents, our brothers and our friends who aid us in overcoming the difficulties of the world and of life, and in the quiet silence of Providence, which guarantees us the conservation of health and of spiritual inner peace.

Many men of science intend to define God for us, but, when we recognize the protection the Almighty provided in our paths and our accomplishments on Earth, during every

instant in our lives, we are obliged to recognize that the most beautiful name that we can attribute to the Supreme Lord is exactly the one that Jesus taught us in His Divine prayer:

"OUR FATHER."

MEIMEI - FRANCISCO CÂNDIDO XAVIER  
EXCERPTED FROM THE BOOK *PAI NOSSO*

## THE ACTION OF PRAYER

You are a farmer; the other is a field.  
You plant; the other produces.  
You are the granary; the other is the customer.  
You supply; the other acquires.  
You are the actor; the other is the public.  
You represent; the other observes.  
You are the word; the other is the microphone.  
You speak; the other transmits.  
You are the artist; the other is the instrument.  
You play; the other responds.  
You are the landscape; the other is the objective.  
You appear; the other photographs.  
You are the event; the other is the notification.  
You act; the other records the accounting.  
Assist as much as you can.  
Practice goodness toward everyone.  
Yours is the desire to follow to God.  
However, between God and you, your fellow-being is the bridge.  
The Creator takes care of his children, by way of the children.  
This is the reason that you are the prayer, but your merit lies in the others.

ANDRÉ LUIZ - FRANCISCO CÂNDIDO XAVIER

## THE REMEDY

On one particular night Chico was exceedingly tired, and, at the usual hour for his prayers, Maria João de Deus, appeared before him.

“Mother,” begs Chico to the affectionate spirit, “how can I achieve victory in the fulfillment of my duties?”

“My son, I only know one medication for this purpose, and that is to serve.”

“But what about the difficulties of disagreements and discord with others? How can I spread the blessings of Spiritism to those who do not desire them, if, quite often, upon offering the best that we possess, we only receive ingratitude and criticism in return?”

“Service to others is the Solution.”

“However, there are people who are antagonistic and gratuitously dislike us. They misinterpret our best intentions, antagonize us unreasonably and make the minutest work difficult... What can you tell me about this? Do you believe there is any recourse to achieve peace among all of us?”

“Yes, there is a way and that is to be always of service to others.”

“Then, do you consider that for all evils encountered in life, this is the true remedy?”

“Yes, my son, the essential remedy. Without learning to serve, even when we have good intentions, all our efforts will be mere words that the world consumes.”

And, after relaying this prescription, the spirit of Maria departed as one who had no further remedy to divulge.

FRANCISCO CÂNDIDO XAVIER

EXCERPTED FROM THE BOOK *CHICO DE FRANCISCO*  
*LINDOS CASOS DE CHICO XAVIER* - RAMIRO GAMA.

## AND IF I DIE AHEAD OF YOU

If I happen to die ahead of you, please do me a favor:  
Shed as many tears as you wish, but do not be upset with God for having taken me away.  
If you do not wish to cry, don't cry for me.  
If you cannot cry, do not be upset.  
If you feel the desire to laugh, then laugh.  
If some friends have discussions about me, hear them out and add your version.  
If they praise me intensively, modify their exaggeration.  
If they criticize me extensively, come to my defense.  
If they wish to consider me a saint merely because I passed away, explain to them that I was a little bit of a saint, but was far from being the saint that they depicted me to be.  
If they want to make me out as a demon, advise them that, perhaps I had a little bit of demon in me, but that during my entire life I sincerely tried to be a good person.  
I hope to be with HIM long enough to remain being useful to you, wherever you are.  
If you feel like writing something about me, say only one thing:  
"He was my friend, he believed in me and he wanted me to be closer to God"

Then you can shed a tear.  
I will not be present to dry it away, but it does not matter.  
Other friends will do it for me.  
And upon visualizing myself well replaced, I will endeavor to carry on with my new tasks in the Heavens.  
However, every now and then, please take a brief glance in God's direction.  
You will not see me, but I would be very happy to see you looking up at HIM.  
And, when the time arrives for you to travel to the Father, then, without any veil to separate us, we shall live with God, the friendship that on Earth has prepared us for HIM.  
Do you believe in these matters?  
Then pray, so that we can live as one who knows that he is going to die one day, so that we can die as one who knew to live in righteousness.  
Friendship only makes sense if it brings Heaven closer to us.  
But, if I happen to die ahead of you, I do believe I will not feel uneasy in Heaven...  
As being your friend...is already a small piece of it... "

FRANCISCO CÂNDIDO XAVIER

From the book "Parnaso de Além-Túmulo", published in 1932, first psychographic book of Francisco Cândido Xavier.

## SEEDS

Let your words of faith landing in the soil of the hearts be seeds of the future.  
Charity is also the spreading of hope and courage to friends who are on the verge of being discouraged, in their struggles for the victory of goodness.  
Whenever possible, throw a petal of love and optimism to those around you, who are awakening to the knowledge of Spiritual Life.  
The wind of time will transport what you said for the good of others and from your words the fruits of peace and blessing will surge around you, enveloping you in vibrations of trust and joy.

EMMANUEL - FRANCISCO CÂNDIDO XAVIER

EXCERPTED FROM THE BOOK *NÓS*

## CRISES

The lesson of Jesus, in this passage from the Gospel, is one of the most expressive.

The Master was about to experience the abandonment of loved ones, the ingratitude of the beneficiaries of prior days, the irony of the multitude, the scorn from the public, and the capital punishment on the cross; however he knew that he was there for this purpose, according to the designs of the Eternal one.

He asks the Father for His protection and submits as would a faithful son.

He examines the gravity of the present hour; however, recognizes the urgency of the testimony.

All lives on Earth will be affected in similar proceedings in the infinite scale of the individual's required experiences.

All living beings and things prepare themselves, recognizing the crisis that is coming. It is actually the crises that will decide the future.

The land awaits the tilling.

The ore will be sent to the crucible.

The trees will experience the pruning.

The worm will submit to the solar rays.

The birds will confront storms.

The herd of sheep will prepare for their shearing.

Man will confront many difficulties.

Christians will face successive testimonies.

For this reason we encounter, in the service of the Divine Master, the crisis of the cross, which was followed by the eternal blessing of the resurrection. When you find yourself facing incredible difficulties, remember that the Lord has conducted you to similar situations of sacrifice, considering the probability of your exaltation, and do not forget that every crisis is a sublime opportunity for the renewal of the spirit of those who know how to have hope.

EMMANUEL - FRANCISCO CÂNDIDO XAVIER

EXCERPTED FROM THE BOOK *VINHA DE LUZ*

## COLLABORATORS

You will initiate and prepare the collaborators for the task that the world has confided to you.

You will realize that in order to receive and to attend to their needs thoroughly and with understanding, it will be necessary to enlighten them, without regard for yourself, with the sweat of self-denial.

You will recognize that the work must be cultivated in your own personal living environment, and, once born, cared for and attended to like a fragile humble vegetable, requiring your constant attention and devotion in order to be consolidated and live.

You will also observe that much like a plague, the frost and inclement weather will threaten the plants in their growth whose ultimate aim is to aid the cropper; in addition, jealousy, indifference, lack of appreciation and irritability will constitute dangers for the existence of the collaborators that you require for the execution of the mandate that life will compel you to fulfill.

You will observe them in all situations and will encounter them in all types.

It is indispensable that you be well aware of this, in order to be qualified to participate in the complex art of harmonizing the diverse dispositions and tendencies that they bring forth, in favor of the group's efficiency.

All of them will study and analyze you and require your support, assistance, affection and understanding.

You will come across those who have fortitude and sufficient energy to sustain your flights of faith. However, in greater number, you will encounter others who you will be obliged to support and to complement: the weak who will withdraw at the first sign of any required sacrifice; those who render extreme devotion to social preconceptions, and are incapable of independent thinking, when confronting circumstances that demand they speak openly in behalf of their testimony; the opportunists who are primarily concerned with their own personal gain prior to fulfilling their obligations; the violent ones who fall into extremism in their reactions to the slightest pinches of criticism, and the many others who appear and disappear from the task, amidst promises and indecisiveness.

To all, as often as possible, you will treat with utmost consideration and service, concentrating above all on the task, rather than in yourself.

You will have love for your collaborators and you will learn to guide them patiently and with goodness, recognizing that just as occurs to you, only with the forges of the work and time, each one of them will reveal the true extent of their ideals and the strength of their actions.

EMMANUEL - FRANCISCO CÂNDIDO XAVIER

EXCERPTED FROM THE BOOK *ENCONTRO MARCADO*

## TAKING POSITIVE STEPS

When you find yourself on the verge of despair,  
quicken your steps forward inhibiting your pause.  
Pray, to God for more light  
In order to overcome the shadows.  
Do something positive,  
beyond the weakness that you may find within yourself.  
Read an enlightening message  
that may heighten your reasoning  
in the constructive variance of ideas.  
Be in contact with people  
whose conversation will enhance  
your inner spiritual self.  
Seek out an environment  
that would be conducive to receiving ennobling inspirations.  
Do someone a favor, particularly to someone who you have  
been avoiding for a long time.  
Go visit a friend, who is ill,  
seeking a little comfort in those

who are facing far greater difficulties than yours.

Complete your prior unfulfilled tasks that may be causing  
these clouds of discouragement.

Be assured that we are all marching forward,  
overcoming problems and struggles, as we acquire  
experience,

Life accepts our pauses for the restoration of our energy,  
but it does not accept any moments of inertia

ANDRÉ LUIZ - FRANCISCO CÂNDIDO XAVIER

EXCERPTED FROM THE BOOK *BUSCA E ACHARÁS*

## GOD IS WITH US

"Perhaps today everything seems to be against you,  
but you will continue understanding and acting, in  
support of goodness, keeping the certainty that God  
is with us and that tomorrow will be another day..."

ANDRÉ LUIZ - FRANCISCO CÂNDIDO XAVIER

## THE HARM OF MENTAL IMPULSIVENESS

The first harm that mental impulsiveness imposes upon us  
is that of holding back the trust of others toward us.

EMMANUEL - FRANCISCO CÂNDIDO XAVIER



## SUBLIME SOURCE OF RENOVATION

A message channeled by the medium Francisco Cândido Xavier, from “end to end,” in English, in the headquarters of Mineira Spiritist Union, in April 4th of 1937.

"Every crisis is a sublime source of renovation to the spirit of those who know how to maintain hope.

"I believe that if we, as people, were educated in reciprocal tolerance, with respect for authority, for persistent work, without conflicts between entrepreneurs and workers, if we all became united in understanding the necessities of the spiritual values in each one's life, or in each social group, we would have an extremely happier country."

EMMANUEL - FRANCISCO CÂNDIDO XAVIER

## MEDIUM

It is said that Chico was once asked about what the future of Spiritism in Brazil would be if he were no longer able to work as a medium, to which he replied:

"My son, mediums are like grass, the more you pull them out of the soil, the more they grow."

FRANCISCO CÂNDIDO XAVIER

## AN ORIENTATION FROM EMMANUEL

Carlos Baccelli

Talking to Chico about the administrative problems encountered in a spiritist institution, when quite often we are more interested in disputing positions, than assuming tasks, in an effort to have our point of view prevail rather than the doctrinal point of view, he transmitted to us a valuable message of orientation from Emmanuel:

"Our Emmanuel says that in the executive position composed of three elements, the minimum required by law, in any administrative meeting promoted, one of them should be traveling and another should not be able to attend. Thus, the work will continue ahead as there would be **LITTLE DISCUSSION and MUCH MORE WORK ACCOMPLISHED.**

Upon reflecting over the orientation from this deeply esteemed Spiritual Benefactor, one can conclude that he is, in fact, absolutely correct, inasmuch as many board meetings wind up in endless controversy, postponing important decisions for future meetings, when they do not wind up creating a climate of permanent animosity between the members of the group. (...) The wise orientation by Emmanuel also leads us to recall a small message that was channeled by Chico Xavier, entitled "Ready to Act", inserted in the "Book of Answers," that has been inspiring the work of many, stimulating them into transforming this theory into action.

"If the relative idea of something positive has jumped silently into your mind, do not ask excessive questions of others regarding the way of putting it into action. Commence the work and your own dedication will draw to you the friends who will collaborate with you, and assist you in your thinking and the best manner of achieving its development."

Unfortunately, there are many plans that never leave the paper and others that do not materialize or become concrete because of the so-called "perfectionists," that are constantly creating difficulties in their minutest forms and pointing out imperfections that they do not try to eliminate, simply because they have not, as yet, learned the simple act of "rolling up their sleeves" and getting to work...

Emmanuel's orientation does not disregard the principle of authority that must exist within our institutions and it is not an absolute invitation toward an executive revolt. It is rather, an alert, so that we can be more practical and have more objectivity as we encounter in the Spiritist Doctrine. In this manner, we are not allowing extreme formality to annul our spontaneous actions toward goodness.

We know of friends who are victims of the envy of those who do not work and keep others from working. They are adepts of the well known clichés: "It is not going to work..."; "This is dangerous"; "Let us wait; "You do not have the required experience"; "I will not participate in this"; etc...

Those who have executive positions need to use discernment, so that they do not result in becoming a

“hurdle along the way.” It was for this reason that Jesus said: that the one who wants to be the greater in the Kingdom of Heavens, let he be the one to serve all. He, himself, carrying a towel, wash the feet of the disciples.

The one who occupies an executive position in Spiritism also needs to observe humility, seeking respect through his examples and not through the authority that his position confers him.

There we see the natural leadership of Chico Xavier, a leadership achieved through 61 years of self-denial and resignation.

Considering himself, as one of the most insignificant servants of Jesus, his life is a guidance of blessings for those who desire to be more righteous and to err less, thus eliminating from their souls the old lodgers known by the names of "personalism," "vanity," "ambition," and "pride"...

It is not to the title of president or medium that we should aspire in an institution, but rather, the title of servant!

Let us analyze this orientation from Emmanuel in depth, to assert if it does not apply to us, or to the institution that, due to the grace of the Father, remains under our guidance.

EXCERPTED FROM THE MAGAZINE  
FLAMA ESPÍRITA, Nº 2571

## IT IS EXCESSIVE...ADELINO

When we were organizing the establishment of our Spiritist Center, our inexperience led us to create by-laws and articles composed of unnecessary things. There was an executive branch and a representative body composed of nine individuals elected to a life long position.

Can you imagine all the deliberation, each individual offering his personal opinions, and arguments? Due to so many opinions the Center became stagnant. Upon consulting with Chico Xavier regarding our situation, he responded:

“Jesus called upon twelve apostles to remodel the entire world. You want nine to serve Mirassol alone”!

EXCERPTED FROM THE MAGAZINE  
BUSCA E ACHARÁS - OUTUBRO DE 2000

## MEDITATING ABOUT CHRISTMAS

In the exaltation of the Lord's Christmas, let's maintain our faith in Jesus, without forgetting the faith Jesus has in us.

Jesus would not have descended from his holy communion with the Angels, without having a positive trust in mankind.

It is for this reason that from the Simplicity and Happiness of the manger, to the Cross of Renunciation and of Death, we witness His preoccupation over the recovery of human beings.

Jesus invites humble fishermen to His saving ministry transforming them into lawyers of human redemption.

He goes to the encounter of Magdalena, who was possessed by the adversaries of goodness, and converts her into a messenger of the light.

He calls upon Zaqueus, who was deeply involved in the pleasures of the material possessions, and transforms him into a conscious and just administrator.

He does not feel disappointed upon facing Pedro's denial, and in him He builds the faithful apostle that would defend the Gospel through the martyrdom and the crucifixion.

He is not troubled by the doubts of Tomé and elevates him to the position of valiant missionary, who sustains His cause, until the supreme sacrifice.

He does not feel offended by the accusations or pain inflicted by Saul's incomprehension, that pursued Him, and He visits him at the gates of Damascus, delivering to him the position of emissary of His Grace, crowning him of eternal clarities.

The faith and optimism of Jesus commenced at his coming in the simple manger and continue, until today, assisting us and redeeming us, day after day.

In living the joys of Christmas, let us remember the Master's trust in us and let us become fond of His work of love and light, taking it as the starting point of our own existence.

The Master invites us to the task that the Gospel assigns to us.

In the first three centuries of Christianity, the pupils heard His celestial revelation; they stood up serving Him with blood and suffering, affliction and tears.

Let us, in turn, be willing to consecrate our lives as well, taking into consideration the moral credit that His attitude toward us signifies.

Let us learn, let us work and let us serve, until the day, as has happened to old Simon, of the Glad Tidings, we can exclaim in the face of the Divine Presence:

“Now, Lord, dismiss in peace your servant, according to your word, because, truly, my eyes have already seen salvation.”

EMMANUEL - FRANCISCO CÂNDIDO XAVIER  
EXCERPTED FROM THE BOOK  
**ANTOLOGIA MEDIÚNICA DE NATAL**

## CLOSE CONTACT WITH SPIRITS

Question: What has the close contact with spirits taught you?

Chico Xavier - "I believe that the most important thing my daily communications and contacts with the Spirits, during the past 60 years, has taught me concerns my personal relationship with my fellow human beings."

"Having attended only the first few years of schooling, these courses did not provide me with the proper psychological guidance to assist me in my understanding of others. The Spiritual Friends have taught me cautiousness and charity in order to respect the rights of my neighbors and to maintain my inner peace. Essentially, these values have been and continue to be the best source of enlightenment that I have received through my contact with them, enhancing my continue relationship with the brothers and sisters on this human journey. This, because it is my duty to accept them as they actually are, dispensing the truth in any available conversation, without hurting or harming anyone. The Spiritual Friends say that the attitudes of consideration and constructive tolerance towards our fellow beings, of any kind, make us more aware that we require their cooperation for our own benefit."

FRANCISCO CÂNDIDO XAVIER  
EXCERPTED FROM THE MAGAZINE  
Revista Espírita -Nº 1

## PROOF OF REINCARNATION

Question: What is the most concrete proof that Francisco Cândido Xavier points out about reincarnation?

Chico Xavier: "The logic in understanding the inequality among human beings. Why there are some who are reborn into suffering in a much worse condition than others? We cannot accept the existence of a divine injustice! God's justice is supreme. Therefore, our imbalances are due to ourselves. If I had committed a crime, if I had injured someone, it is only natural that if I had not paid up my moral debt, during the short life span in my prior existence, it is justified that I pay up for these debts in another existence. Otherwise, we would visualize God as a dictator, distributing medals to some and distributing suffering to others; this would be absolutely inadmissible."

## THE PROBLEM OF HUNGER

The reply of Chico Xavier to a person who, upon observing a needy person drinking soup, asked him:

“Do you believe that distributing a plate of soup to the needy ones is going to solve the problem of hunger in the world?”

Chico, without blinking answered:

“The bath also does not solve the problem of hygiene in the world, but nevertheless we cannot dispense with it.”

EXCERPTED FROM THE MAGAZINE  
Busca e Acharás - June 2000

## THE IMPORTANCE OF WORK

A certain lady, who was the president of a large charitable institution died and the friend who was asked to replace her, asked Chico whether he was prepared to assume that task or not.

Here was the reply:

“None of us is prepared to carry out the work of the Christ. However, this should not be an excuse to avoid fulfilling the task or to remain in inertia, but rather to accept the work, offering Jesus the best that we can give. This, because we still are not angels, but rather, human beings in great need of working for Jesus, to whom we must offer the best that we have.”

EXCERPTED FROM THE MAGAZINE  
Busca e Acharás - October 2000

## TODAY

"Perhaps today everything seems to be against you, but continue your understanding and action, supporting goodness, while maintaining the certainty that God is with us and that tomorrow will be another day..."

ANDRÉ LUIZ - FRANCISCO CÂNDIDO XAVIER

## THE LESSON OF THE SUPPLICATION:

One particular night, Chico was feeling disheartened by the many obstacles confronting him and he prayed, before going to sleep, pleading to Jesus for the solution of the multiple problems that were tormenting him.

He had been already dedicated to his petitions in prayer for over forty minutes, when his mother, Maria João of God had appeared and told him kindly:

"My son, pray, because without prayer we cannot achieve the renewal of our spiritual strength. Pay attention that it will not be by the quantity of words that your prayer will be attended to," said the maternal spirit.

"Then, how should I give my supplication?" – asked the disappointed medium.

"You know that Jesus also asked something from us..." - the maternal spirit said.

"Yes, Jesus recommends humility, patience, faith in ourselves, a good disposition, charity and love for our neighbors in the fulfillment of our duties.

"Therefore let us do toward Jesus what he asks from us and Jesus in return will give to us what we need. Alright?"

And upon receiving the lesson Chico learned that to pray is not merely to talk and to move our lips indefinitely.

EXCERPTED FROM THE BOOK *CHICO DE FRANCISCO LINDOS CASOS DE CHICO XAVIER* - RAMIRO GAMA.

## TO FORGIVE

Izaías Claro

"Once upon a time, a lady who belonged to a very complicated family, with an aggressive husband and children who drove her crazy, complained to Chico Xavier. "I cannot withstand it any longer; I am on the verge of exploding!"

"My daughter" – the dedicated medium said, "Jesus recommended that we must forgive not only seven times, but seventy times seven."

"Look Chico, I am aware of the amount and I have already forgiven my relatives over four hundred and ninety times. I have already done enough."

"Well, my daughter, Emmanuel is by my side and he asks me to tell you that we must to forgive seventy times seven in each type of offence. There is still much more to forgive.

"To forgive our enemies is to ask forgiveness for our own selves; to forgive our friends is a proof of friendship; to forgive the offences of others is to confirm and demonstrate that you have become a better person."

EXCERPTED FROM THE BIS - INFORMATIVE BULLETIN  
SEARA - YEAR II N° 20

## TRYING TO CATCH HIM GOSSIPING

Always being tested by many people: physicians, scientists, journalists, parapsychologists and so many others, without ever achieving their intent, some companions attempt "to catch him" in a gossip. They seek him and said:

"Chico, do you know that there is a wealthy woman that belongs to the society of Uberaba who is doing something that is inadmissible? During the days that we distributed soup and other provisions to the poor, she, unashamed of herself, also gets in the receiving line, drink s of the soup and still takes some of the provisions home with her. It is shameful!"

Chico responds:

"My children, what a display of humility from this lady! She stands in line, withstanding the sun or rain and, patiently waits her turn to get provisions!"

EXCERPTED FROM THE BOOK *NOSSO AMIGO CHICO*  
*XAVIER* - LUCIANO DA COSTA E SILVA

DROPS OF LIGHT - JULY, AUGUST AND SEPTEMBER OF  
1999



## LISTENING TO CHICO XAVIER

QUESTION – How does the Spiritist Doctrine justify the deaths by the thousands caused by wars, floods, and from all types of catastrophe?

Chico Xavier - They are expiations that we acquire collectively according to our karmic debts. Sometimes we undertake destructive moves against a community or toward an individual; sometimes we do so in groups. At the propitious time, and already more mature, we reincarnate in order to pay-up our debts, congregating in large groups where one is an accomplice with the other in the same fault, because the Law of God is the Law of God, composed of justice and mercy.

EXCERPTED FROM THE BOOK: "Chico Xavier - Dos Hippies aos problemas do mundo"  
News of the GEAL - monthly Bulletin - November 1995

## THE DOCTRINE IS OF PEACE

In one of the last Friday meetings in which Chico Xavier participated at the "Spiritist Group of the Prayer", we overheard him commenting with some friends from São Paulo:

"The doctrine is of peace... Emmanuel has taught me not to waste my time arguing. Everything passes... People can think whatever they wish about me - they think and they continue to discuss. I am only trying to fulfill my duties as a medium. Some people write articles making insinuations about the messages I channeled through the spirits... What can I do? We belong to a doctrine that respects free speech. I must continue working. My commitment is with the spirit world. I do not intend to be a leader of anything. I am conscientious and conscious that I have tried to do my best and I am grateful to our Spiritual Benefactors for not having allowed me to live a useless life. Some day, we will better understand the need for a more profound union - when we feel threatened by the various intolerant religions that are growing intensively.

JORNAL O IDEAL - Nº 56 - JANEIRO DE 2000 -  
CHICO NO LÁPIS DE BACCELLI

## WHO IS THE WEALTHIEST INDIVIDUAL?

Once, a friend approached the interpreter of "Parnaso from Beyond the Tomb" and asked him:

"Chico, according to you, who would you consider to be the wealthiest individual?"

As if he were hearing the voice of Emmanuel in the innermost recesses of his soul, the medium answered:

"In my opinion, the wealthiest person in the world is the one who has the fewest needs..."

Posing another question, the friend asked:

"And who is the most just and wise?"

With the same spontaneity, Chico replied:

"The most just and wise, is the one who fulfills all his duties." "But – the companion insisted, certainly, interested in some revelation that would make his life easier - what you are telling me is obvious!"

Displaying the fraternal smile, he always maintained in order to attend to those who looked to him for clarifications, Chico responded;

"My son, everything that is in the Gospel is the obvious. There are no mysteries or secrets for the salvation of the soul. There is nothing more obvious than the Truth! However,, our problem is that we want to reach the Heavens without following the obvious here on Earth

FRANCISCO CÂNDIDO XAVIER  
Excerpt from the book "Aprendendo com Chico  
Xavier," by Carlos Baccelli

## LUCKY YOU IF YOU WERE CHICO

In a bookstore in the city of Belo Horizonte, I was assisting a customer, who as a result of the constant compliments he had heard about Chico Xavier, was overcome with admiration for the medium. Therefore, with great interest he read all the books channeled by the medium from the spirits Emmanuel, Andre Luiz, Néio Lúcio, Brother X, and had an intense interest in meeting the psychographic medium from the city of Pedro Leopoldo, personally.

Quite often, he asked the customers:

"Please, do me the great favor of pointing Chico out to me as soon as he shows up here."

One afternoon, as soon as Aloísio that was his name, reiterated to somebody the order, to point Chico out to him, Chico enters in the Bookstore.

All of those who were present were overtaken by a mixture of surprise and happiness, except Aloísio. They all hugged the medium, asking him about the news. Then, someone tells Aloísio:

"Weren't you anxious to meet our Chico?"

"Yes, I am looking forward for this moment of happiness...."

"Well then he is here!"

Upon looking him over, Aloísio finds him to appear so simple, so simply dressed, and so disappointing.

And hugging the admired psychographer medium in return, with an air of one who says a truth and is not a fool,

to believe in such nonsense: “Lucky you if you were Chico, lucky you!”

‘And Chico, realizing that Aloísio could not believe that he was truly Chico, due to his simple manner of presenting himself, answered, candidly:

“You are right, how I wish...

Then, bidding farewell, he left with simplicity and kindness, leaving them all with a great lesson that later would be better understood by all, and particularly by Aloísio.

BUSCA E ACHARÁS - OCTOBER 2000

## THE PHENOMENON OF DEATH AND THE SITUATION OF THE ORGAN DONOR

What are we to think about the situation of the one who donates his organs, upon the moment of the death, since his physical instrument will be deprived of an important part?

Chico – It is the same as occurs with someone who donates his organic resources to an anatomical study, without any repercussion to the spirit that moves away – so to say, from his material capsule.

Andre Luiz explains that with the exception of certain cases of deaths by accidents and other exceptional cases, where the being needs to undergo the trial of intense suffering at the moment of the death, death, as a rule, does not produce any pain. This, because the excessive concentration of carbon dioxide in the organism anesthetizes the central nervous system. I am talking, as a medium who hears these spiritual friends: because I personally do not have the medical experience to assume this position and to be here, illuminating in such erudite terms.

They explain that the phenomenon of the concentration of carbonic gas in the organism changes the amount of anesthesia in the central nervous system producing a phenomenon that they call acidosis. This acidosis state promotes the lack of sensitivity and the human being does not go through the suffering that we

imagine. The organ donor, therefore, feels absolutely no pain.

CHICO XAVIER - NEWSLETTER- GOSPEL IN ACTION - JANUARY  
OF 2001.

## THE SUPERFLUOUS AND THE NECESSARY

"Some wanted a better job;  
Others, just a job.  
Some wanted a richer meal;  
Others, just a meal.  
Some wanted a more soothing life;  
Others, just to live.  
Some wanted more understanding parents;  
Others, to have parents.  
Some wanted to have blue eyes;  
Others, to see.  
Some wanted a beautiful voice;  
Others, to speak.  
Some begged for silence;  
Others, for the ability to hear.  
Some wanted new shoes;  
Others, to have feet.  
Some wanted a car;  
Others, the ability to walk.  
Some wanted the superfluous;  
Others, simply the necessary."

FRANCISCO CÂNDIDO XAVIER  
Translated by Danny Claudio

TRUTH

**“He who loves the Truth does not use it as a whip in his lips.”**

FRANCISCO CÂNDIDO XAVIER

SPIRITISM

**"Spiritism, in fact, frees the imprisoned consciences, but it is the Gospel that teaches what to do with the acquired freedom."**

FRANCISCO CÂNDIDO XAVIER

## BIOGRAPHY<sup>2</sup>

Francisco Cândido Xavier was Brazil's most respected medium, a position of great moral authority in a country where an estimated 32 million people believe in Spiritism - Brazil has the world's largest spiritist population, and, in a career spanning of 75 years, Xavier became its most important figure.

Xavier was born into a poor family including nine brothers and sisters, in the suburbs of Belo Horizonte. He had a difficult childhood and the need to work from an early age was, in his words, "an indescribable blessing."

By the age of four, he was hearing voices and experiencing visions. His family thought he was possessed by the devil, and the local priest ordered him to say a thousand "Hail Mary," and to pay an additional penance by walking with a 15kg rock on his head.

But the voices continued and, as a teenager, Xavier began to study the teachings of Allan Kardec, a Frenchman whose spiritist ideas had already taken hold in Brazil.

His first Spiritist meeting took place in May 1927. Two months later he started to exercise his mediumship publicly, at the age of 17. In 1931 he saw his mentor, the spirit of Emmanuel for the first time. In those early days, Emmanuel asked Chico if he was really willing to work on through his mediumship with Jesus. He said he was, if the

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<sup>2</sup> Based in the article of Alex Bellos for "The Guardian" London – UK and the Biography written in Portuguese by the Brazilian Spiritist Federation.

Good Spirits accompanied him. Emmanuel said he would not be forsaken, but added that he needed to work, to study and to make efforts in behalf of goodness.

Even though barely educated, he published 409 books - the spirits of dead people dictated the texts to him through his mediumship. Poetry From Beyond the Grave (1932), for example, contained 259 poems revealed to Xavier by 56 deceased Brazilian poets, including some very famous ones.

Even though the contents of most of his books were religious, Xavier also transcribed novels from the spirit world and works of philosophy and science. His books sold an estimated 25 million copies, the profits of which were all channeled into charitable organizations. As a fingerprint expert with the Brazilian agriculture ministry, Xavier lived on meager wages before receiving his state pension.

Several of his books were translated into English, Esperanto, French, Greek, Japanese, etc. He has withstood criticism and mockery of all possible sorts with true Christian resignation. With the medium Waldo Vieira, he traveled to the United States and Europe, where they visited England, France, Italy, Spain and Portugal, always serving the Spiritist Doctrine.

His historical novels, "2000 Years Ago," "50 Years Later," "Hail Christ" and "Paul and Stephen,"<sup>3</sup> prompted the author Roberto Macedo to write the book "Historical-Geographic Vocabulary of Emmanuel's Novels," in which

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<sup>3</sup> "2000 Years Ago" and "Paul and Stephen," will soon be available to the public.

the writer explains the historical events contained in those books.

The André Luiz collection of books is at one time revealing, doctrinal and scientific. The 15 books in great part complete previous works about life after discarnation by authors such as Swedenborg, A. Jackson Davis, Reverend G Vale Owen and others. The books “*Nosso Lar – A Spiritual Home*” and “*And Life Goes On,*” already available in English, are part of that collection.<sup>4</sup>

In 1959, he moved to the city of Uberaba, where he gave public mediumistic sessions. His home became a pilgrimage site, and hundreds of thousands of people visited him, hoping to speak to someone in the spirit world. Celebrities often dropped in to see the medium, who always looked distinctive, with thick-lens glasses and a cap. He never charged the attending public. In 1981 and 1982, he was nominated for the Nobel peace prize. In recent years, Xavier's health began to deteriorate, although he never gave up meeting those who had traveled to see him.

Xavier's spiritual guide - and link with the spirit world - was called Emmanuel. According to the medium's writings, in Roman times Emmanuel had been Senator Publius Lentulus; he had reincarnated in Spain as Father Damian, and later as a professor at the Sorbonne.

Xavier dedicated his life to utilizing his aptitude as a medium to bring comfort to as many people as possible. Health problems in his youth and middle age, including eye problems and surgeries, had not stopped him from fulfilling

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<sup>4</sup> These other titles will soon be available to the public: “*In the Domain of Mediumship,*” “*Disobsession*” and “*The Messengers.*”

his mission to assist those in need. His outlook is only one: love of his neighbors, disinterest in personal or material gain and a constant and exclusive concern with the happiness of others.

Chico Xavier was a gift from Above to our troubled times, enriching our values through his life as a true Christian spirit.

Francisco "Chico" de Paula Cândido Xavier, medium, born April 2 1910; died June 30 2002

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