


Disobsession

A close-up photograph of two hands, one from the left and one from the right, holding a small, white, cylindrical object between their fingers. The hand on the left has a small black cross tattoo on the back of the hand. The background is dark and out of focus.

PREPARATION FOR A COUNSELING MEETING

BY THE SPIRIT ANDRÉ LUIZ
PSYCHOGRAPHY OF FRANCISCO
CÂNDIDO XAVIER AND WALDO VIEIRA

Spiritism4All

Francisco Cândido Xavier - Disobsession - by the spirit André Luiz

DISOBSESSION

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SECOND EDITION - TRANSLATED TO ENGLISH BY SPIRITISM4ALL GROUP
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The Spiritis4all Group is a non-profit Brazilian organization created to disseminate the Spiritist Doctrine (codified by Allan Kardec), translating to English psychographed books by mediums of recognized reputation by the spiritist community, like Francisco Cândido Xavier, Yvonne Pereira, Divaldo Franco, among others.

The group was established on February 23th, 2021 and is composed of Brazilian members who study and practice the Spiritist Doctrine since 1986.

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A BRIEF INTRODUCTION TO THE BOOK

Disobsession is a different book dictated by the spirit of André Luiz and psychographed by the mediums Francisco Cândido Xavier and Waldo Vieira.

It is a book dedicated to those students of the Spiritist Doctrine who have already taken the basic training and the mediumistic training course, having already worked on the initial steps of their mediumship.

In this book, the spiritual author brings us in 73 chapters all the necessary guidelines for the creation of Disobsession groups, on the care of workers, addressing all the necessary aspects for the safe formation of counseling groups dedicated to this essential work at any Spiritist Center.

The Spiritism4All group will comment on the work in a series of videos in English, sharing their experiences, aiming to propagate this exceptional work to the world.

Thanks for watching our videos at Spiritism4All!!

<https://www.youtube.com/channel/UCFgoAXtxoVUFi41Vms7xLXg>

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A DIFFERENT BOOK

“And Jesus asked him, saying: 'What is your name?' And he said, 'Legion', because many demons had entered him.”
LUKE, verse 8, chapter 30.

While performing disobsession activities in the outskirts of Gádara, we see Jesus talking fraternally with the obsessed that was presented to him, at the same time he was heard by the unhappy disembodied.

It is important to note that, in view of the Master's questioning about his name, the medium, aware of the pressure he was under by the troubled and wandering Intelligences, informs the name “Legion”, and the evangelist adds that the obsessed behaved that way "because many demons had entered him."

We know today with Allan Kardec, according to textual words of the Codifier of the Spiritist Doctrine, in item 6 of chapter 12, “Love your enemies”, from “The Gospel According to the Spiritism”, that "these demons were no more than the souls of the perverse men, who have not yet stripped themselves of their material instincts”.

In the episode, we observe Christ making himself clear simultaneously to the medium and to the communicating spiritual entities, in the worthy objective of collective enlightenment, teaching us that disobsession is not a phenomenon hunting activity but a patient work of love combined with knowledge and reasoning associated with faith.

Whether in the case of mere spiritual influence or in the occurrences of real possession, the mediumistic mind remains dominated by strange thoughts to himself due to hypnosis processes that only gradually he will get rid of.

Hence the imperative to popularize the systematic assistance to the discarnate prisoners of dissatisfaction or anguish, through the work of teams of comrades devoted to the disobsession who, by the way, demand patience and understanding similar to those that

characterize the nurses dedicated to helping our brother segregated by the intricacies of psychosis, inside the mental healing institutions.

In order to fulfill this gap, our friend André Luiz organized this different book from the other ones that constitute his collection of soul themes studies, with the objective to create new groups of disobsession workers with the purpose to help the readjust of the discarnate spirits who see themselves apart from reality.

Nothing is more opportune and fairer, since, if ignorance claim the devotion of teachers at school and the psychopathology waits for the abnegation of doctors who use the re-balancing word at psychological analysis offices, the discarnate Spirits mental alienation requires the fraternal concurrence of friendly hearts, with enough understanding and love to this assistance work in Spiritist temples, currently dedicated to recover Christianity to Its clear and simple essence.

Emphasizing, therefore, in this volume, a precious effort of synthesis in alleviating obsession processes, through collaborators of all conditions, we ask the Lord to sustain us all – incarnate and discarnate - with the work to be carried out, since obsessed and obsessors, consciously or unconsciously suffering from disorientation, in physical world or beyond it, are brothers who ask for our support, companions who are part of the earthly family.

Finally we remember that the support of the family is not a work that we should relegate to the sphere of angels, but is a non-transferable obligation that belongs to us to embrace as our service.

EMMANUEL

Uberaba, January 2, 1964

(Page received by the medium Francisco Cândido Xavier)

DISOBSESSION

Several therapies deserve studies aiming the suppression of evils that plague Humanity. Antibiotics attack infection processes, specialized institutes examine the cancer pathological states, surgery reaches the hearts to heal the heart defects and the vaccine is a defense for millions of people.

However, alongside the diseases that torment the body we find, here and beyond, the calamities of obsession that unbalance the mind.

Beyond the physiological webs that sustain the organic body that Human Spirit uses for the educational stage in the world, it is possible to identify the obscure pictures of similar disasters, in which the magnetic forces unbalanced by misguided thinking assimilate magnetic forces of the same content, establishing mental alienation, ranging from tics to madness, escalating through phobias and phantom-diseases.

We see them installed in all classes, from those who have high intelligence resources to companions lacking in the first notions of the alphabet, resulting, many times, in passionate tragedies that occupies the attention of the press or in insanity that ends in asylums. Besides that there are the problems of depression, sexual delusions, anguish syndromes and domestic disharmony.

Discarnate and incarnate spirits with a diseased condition tune into each other, creating harm and disturbance in those who suffer their vampire like influence, remembering noble vegetables destroyed by parasites, after undermining their resistances.

Reflecting about this and wanting to cooperate to the medication of these imprecise symptomatology illnesses, we imagined the organization of this book¹, dedicated to all fellows who are interested in helping the obsessed - a book that is characterized by absolute simplicity in exposing the subjects indispensable to the constitution and support of the spiritist groups devoted to the liberating work of disobsession healing.

A book that can serve the places dedicated to this task, whether in the last corners of rural areas or in the buildings of large cities, a workbook in which the images² may help people to understand the written explanation, so that the workers of the Spiritist Doctrine can attend to disobsession activities, according to the principles concatenated by Allan Kardec.

No Spiritist institution can, strictly speaking, be uninterested in the disobsession work who is essential to the hygiene, harmony, protection or restoration of the human mind, providing a fair counseling, either to the suffering discarnate spirits, or to the incarnate ones deprived of intimate education who are suffering from their depressing influence, although at times involuntarily.

Each spiritist temple must have its own disobsession team, to help the victims of spiritual disorientation that haunt their doors or for self-defense and conservation.

Thus we offer these unpretentious pages to the ones who feel sufficient love for those who lie in the darkness of the illusions and passions in which they are consumed, confined to the boundaries of ignorance, on Earth and beyond, lost in spiritual torments and madness.

And handing this work to friends who may welcome the desire to evaluate with us the extent and gravity of the problem, let us remember, together with all of them, that Spiritism is the Restored Christianity and that the number one pioneer of disobsession, clarifying unhappy spirits and curing obsessed of all conditions, was exactly Jesus.

ANDRÉ LUIZ

Uberaba, January 2, 1964

(Page received by the medium Waldo Vieira.)

1 - The Spirit Andre Luiz invited the mediums Waldo Vieira and Francisco Cândido Xavier to help him in writing this book through their psychographic mediumship, each accepting responsibility for even and odd numbered chapters respectively.

2 - The photographs that compose part of this book are the kindness of companions who share in the ideal of disobsession work, and belong to the archives of the Permanent Spiritist Exhibition of C.E.C., in Uberaba, Minas Gerais state in Brazil.

1 - Preparation for the meeting: the awakening



On the scheduled day for the tasks of disobsession, the members of the team need, strictly speaking, to cultivate dignified mental attitude.

Upon waking up in the morning, the leader, guidance advisors, the incorporating mediums, the ambiance support companions or even those who will be occasionally visiting the group, should raise the level of thought, whether by praying or welcoming ideas of higher nature.

Pure intentions and words, clean attitudes and actions. Deliberately avoiding swoops and quarrels, maintaining patience and serenity, above any disorders that may arise during the day.

This preparation is needed for a serious matter: assistance to unfortunate discarnates under the supervision of instructors of Spiritual Life.

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Imagine yourselves in the place of relief needed spirits and you will understand the responsibility you are assuming.

Each component of the group is an important part of the mechanism of the service. The whole group is the instrumentation of a bigger engine.

2 - Preparation for the meeting: nourishment



Feeding during hours preceding the spiritual service should be light. Excessive feeding must be avoided. Stomach full, awkward brain.

Laborious digestion consumes large portion of energy, preventing the clearness and wideness of thought, cause the disobsession activities requires workers with security and lightness of mind in order to properly express themselves.

Light dishes and minimum quantities are advisable and we believe it is unnecessary to remind the absolute impropriety of alcohol. The workers that still need the use of tobacco, meat, coffee and exciting spices are invited to reduce their use during the day determined for the meeting, when it is not possible for them to abstain completely.

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The ideal position of the participant of disobsession is that he crosses the temple door without any problems related to digestion.

3 - Preparation for the meeting: physical and mental rest



After work, be it professional or domestic, manual or mental, the disobsession workers should rest using the available period of time to remake the body and the soul.

External and internal rest is advisable. Relax, with uplifting ideas. Abstain yourself from inappropriate thoughts. Keep aspirations up and distance from lower concerns. Intimate preparation may include uplifting and healthy reading.

The objective is to form a respectable self-environment whose spiritual agents, ennobled and pure, can be used by the spiritual instructors to create relief and enlightenment resources to the discarnate who, stripped of their physical bodies, are still suffering.

Those who are responsible for the tasks of disobsession must understand that communications claim spontaneity

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and that the preparation we are referring to is of a general nature.

Finally, we remember that the workers minds should be freed of any kind of unreasonable demands or personal nature rewards.

4 - Preparation for the meeting: prayer and meditation



At least for a few minutes, hours before work, whichever position you occupy together, dedicate yourself to prayer and meditation in your own home.

Connect your mind outlets to the elevated Spirits.

Remove yourself, in spirit, from the vulgarities of the daily problems and pray, seeking the inspiration of the Greater Life, the ascended Spirits.

Reflect that, soon, you will be in contact, albeit light, with the brothers domiciled in the Spiritual World, to where you will go one day, and anticipate the cultivation of sympathy and respect, productive compassion and kindness towards all those who lost their physical body without the desired spiritual maturation.

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Behaving like that you will be moving towards to dignified collaboration with the discarnate benefactors who are the legitimate ministers of good.

5 - Overcoming impediments: Rain



Time to leave for the meeting. It is necessary to overcome the obstacles that time is capable of offering.

Frequently, it is the promise of impending rain or the strong wind the usual obstacles to workers to join the meeting.

Rain or cold ...

The team member will not stay at home due to similar obstacles.

He will keep the coat always at hand and will face any natural challenges, aware of his obligations with the work that has to be done.

6 - Overcoming impediments: unexpected visitors



In the list of natural impediments, one of the most frequent exists: the unexpected visit.

We can understand the embarrassment of companions who are about to leave home for spiritual service.

In some cases, is a relative in need of friendly words, in others, a companion demanding attention.

Let this not be taken for account of insuperable obstacle.

The disobsession worker shall clarify the matter delicately, employing frankness and humility, without hiding the motivation of the absence to which he is compelled, thus fulfilling not only his duty but also arousing sympathy beneath the visitors and his family, assuring to himself the needed vibratory support.

7 - Overcoming impediments: unexpected obstacles



There are many situations that may turn to be obstacles which seems to be intelligently determined to create difficulties to the work of the disobsession servers.

A child falls, exploding crying ... A lost door key... A message arrives raising concerns ... Someone calls to request a favor...

A certain family member complains of sudden pain ... Collapse of the driving system ... Traffic difficulties ...

The worker of the relief service for discarnate sufferers can't hesitate.

He immediately provides the solutions reasonable for these little problems and continue to keep up the spiritual obligations that await him remembering that even family parties, birthday celebrations or other domestic events, should not be categorized as unavoidable obstructions.

8 - Natural impediments



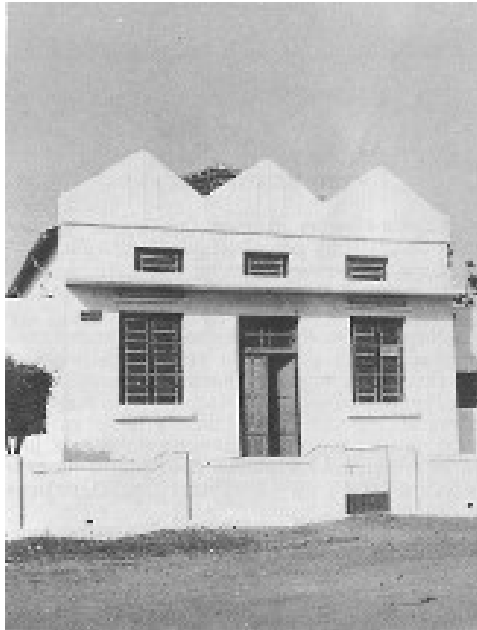
Circumstances exist that which are natural obstacles. An unexpected trip, for example.

It may happen that the professional obligation so requires. In other cases, a serious illness can show up at home or in the cooperator himself preventing him to attend the meeting.

We still have to consider the impediment represented by epidemics, like the flu, and, in the female workers, it is reasonable to accept as just reasons for absence the care resulting from pregnancy and the periodic embarrassments characteristic of the feminine organization.

In these situations, it is important that the partner or companion quickly communicates the absence to those workers responsible for the disobsession meeting, in order to keep the harmony of the team, as much as possible.

9 - Spiritist Temple



As the understanding becomes clearer, in the accomplishments of mediumistic work, we realize that the laws of disobsession ask the creation of a proper environment at the spiritist temple where the activities can be carried out safely.

In order to understand this, let us remember that if many patients manage to recover their health at home, in their domestic climate, many others claim the hospital. If at home we have empirical agents for the benefit of the sick, in a health facility we find a whole collection of instruments selected for prompt assistance.

In the spiritist temple, the discarnate instructors manage to locate advanced resources of the spiritual world for the relief of obsessed and obsessors, which is why, as far as possible, it is there, within the respectable walls of our

school of faith, that it is up to us to place the ministry of disobsession.

It is also reasonable to observe that the workers of such accomplishment cannot, without prejudice, make commitments for other mediumistic activities, before or after the work in which they commit themselves for the benefit of discarnate sufferers.

10 – The meeting room



The meeting room calls for cleanliness and simplicity.

The table, with some of the basic books of the Spiritist Doctrine, preferably "The Spirits' Book", "The Gospel according to Spiritism" and a volume that develops the Spiritist thought, coupled with the teachings of Christ.

It must be surrounded by the chairs necessary for the exact number of components of the meeting, being stripped of towels, ornaments, water containers and other objects.

Next to the row of seats, a small accommodation should be placed, such as a simple bench or a few chairs for occasional visits.

A watch must be placed in plain sight on a wall or left at hand, either in the pocket or at the supervisor's wrist, so that the timetable and established discipline are not distorted.

The voice recorder, in the event that it exists in the room, should not disturb the smooth running of the tasks and shall be placed in a local designated by the supervisor of the work.

11 - Arrival of companions



Spiritual benefactors on duty, in the work of assistance to suffering discarnate brothers, always expect the team members to reach the service area in a respectful position.

No loud noise, turmoil, screams or laughter.

The incarnate companions must remember that they are approaching to sick people gathered, as in a hospital, creditors of attention and affection.

The relief work is about to begin.

It is necessary to keep silence and feeling of compassion, kindness and the elevation of thoughts, so that the whole work can happen in harmony aiming the construction of the good.

12 - Conversation prior to the meeting



There is always room for conversation to the ones who arrive earlier. The workers must avoid the dispersion of forces in visits, even quick but inappropriate, to neighboring locations, whether private homes or public restaurants.

Understandable to ask the members of the task of disobsession to abstain completely of themes contrary to the dignity of the work they are going to perform.

Avoid playful anecdotes and insulting considerations to whoever it is. Forget criticism, scandalous comments, complaints, bitterness, ironic notes.

Every verbal reference is an inducing factor.

If we are compelled to talk, during the moments that precede the assistance activity, we should talk about good and uplifting ideas in order to pacify the ambient instead of upsetting it.

13 – The manager



The manager of disobsession activities must not forget that the Superior Spirituality expects the fundamental support of the work in him.

Direction, discernment, kindness and energy. Okay, you will not be required to have qualities superior to that of man. However, it is common that the manager of assistance to discarnate sufferers needs to understand that his functions, before the mediums and members of the group, are similar to those of a family man, in the domestic institute.

Authority based on the example. Habit of study and prayer. Dignity and respect for all. Affection without privileges. Softness and firmness. Sincerity and understanding. Constructive conversation.

In order to maintain the necessary moral height, the manager will give to all components the same attention and

affection, as an upright and noble teacher cultivates in front of the students.

Finally, as he will rise up before the Spiritual instructors to the position of the most responsible enlightening medium, he must designate two to three companions, under his guidance, so they can help him with the services and may replace him if justified impediments occur.

14 - Punctuality



Punctuality - an essential theme in everyday life.

Administrations do not respect sluggish employees.

At home, we appreciate family members' up-to-date appointments and duties performed accurately.

We don't usually fail at the time set by the important personalities of the world to in order to respond to their appreciation. The interview with an industrialist ... The speech with a Minister of State ...

In disobsession activities it is necessary to understand that spiritual benefactors and other discarnate friends come from other serious obligations of the Higher Life in order to assist and help us.

Punctuality is always a duty, but in disobsession it assumes a solemn character.

Let there be no failure in the service because of us. We can't forget that failure, most of the time, is the unfortunate product of stragglers and absentees.

The start time of tasks needs to be austere, understanding that the moment of closure is variable depending on the circumstances of the meeting.

It is advisable to close the entrance door disciplinary 15 minutes before the scheduled time for the opening of the meeting, which time will be spent in the preparatory reading.

15 - Furniture of the disobsession room



The furniture of the site dedicated to the disobsession must not have objects and paraphernalia that resemble rituals and amulets, symbols and idols of any kind, but must also be made up of simple and resistant pieces.

The table and chairs must be solid, remembering, without unnecessary adornments, the austerity of a respectable family.

If we have to add something, we should add two benches, equally resistant, for casual visits or for the magnetic assistance to that companion in the group that needs treatment, keeping the distance from the work table.

We must avoid carpets, jugs, canvas and other decorations, since the place is devoted, above all, to the relief of suffering spirits or authentic mentally alienated, in need of a clean and simple environment, able to help them forget illusions or less happy experiences on Earth.

16 – Chairs



The chairs for the meeting deserve particular notes.

Avoid the use of armchairs that suggest a nap, as well as the use of furniture without any bulkhead, like stools that impose discomfort.

Let us use sturdy and resistant chairs to frustrate the impulses of fall resulting from the excessive agitation usual in mediums in a trance, but built in a simple style, with the broad and high back that firmly supports the workers engaged in the spiritual assistance to the disturbed brothers beyond the physical plane.

Avoid disjointed or creaky chairs that only unnecessary noise and other disturbances cause in the environment.

17 - Lighting



The lighting in the room should be normal allowing inspections and readings in the preparatory phase of tasks.

However, prior to the initial prayer, the meeting leader will graduate the light in the room, fixing it in one or two lamps, preferably red, low capacity (15 watts ¹, for example), since the projection of rays that are too intense on the set impairs the formation of first aid measures, mentalized and directed by Spiritual Instructors, directly responsible for the ongoing assistance service, with support of the medium's team resources.

The lamps must be located at a distance from the work table to avoid accidents. In locations not favored by electricity, the advisor of the meeting will decrease the content of the light used in the room.

1 - S4A Note: it's advised to use 5 watts if LED lamps are used.

18 - Hospital isolation



Disobsession encompasses the most serious hospital work in itself.

It should be understood that the space destined for it, between four walls, keeps the importance of a ward, with resources of Greater Spirituality for the treatment and assistance of still troubled or unhappy discarnate minds.

No spectacular formation is allowed when we deal with disobsession.

Let us put ourselves in the place of the discarnate and we will immediately understand the inopportune presence of any stranger to the assistance work of this nature.

The support and enlightenment to the demented or suffering Spirits is a service for those who can understand and love them, respecting their pain.

Hence the imposition of absolute hospital isolation for the place dedicated to relief and clarification services of this kind. Disobsession, as much as possible, should be practiced preferably in the spiritist temple, instead of other environments.

In this sense, it is important that the workers of disobsession, notably psychophonic mediums and enlightening mediums, visit hospitals and homes destined for treatment of sick people, in order to safely understand the imperative of respectful caution in dealing with revolted and unfortunate spirits.

19 - Electrical appliances

Electrical appliances in the room, when the disobsession is carried out in a place capable of using them, must be restricted to an electric flashlight, intended for eventual use, and, when possible, to a recording device.

The voices of the entities can be recorded, notably those that are characterized by constructive messages, allowing the recording of teachings or experiences for the purpose of study.

We repeat that the group will only use the device for recording voices, when such a measure is in its possibilities, without this being an essential and urgent factor for the implementation of the disobsession meetings.

The leader of the meeting, or the person indicated for the management of these devices, need to check their condition and functioning, prior the team's activities, preventing any troubles during the meeting.

20 – Meeting team



The meeting team, which will never exceed the number of fourteen, must maintain, above all, elevation of thoughts and correction of attitudes, before, during and after each encounter.

No worries about vestments or special garments. Realize that you are in the meeting fraternally exercising a mandate of trust.

In the Spiritist Doctrine there is no place for blind faith. Avoid, however, in disobsession meetings, the idle research and vain inquiries, criticisms and unreasonable expectations.

All team members will assume specific roles. In a group of 14 members, for example, 2 to 4 counseling mediums will work; 2 to 4 healing mediums and 4 to 6 psychophonic mediums.

Counseling and healing mediums, in addition to the specific duties assigned to them, will also serve as positive elements of protection and safety for psychophonic mediums, whenever they are mobilized in service.

It is essential to recognize that all participants of the team are comparable to spiritual fluids cells or spiritual light emitting lamps, which will have to provide the spiritual energy or light that will be asked to them by the Spiritual workers in order to help those who live in the spiritual shadow.

Hence the imperative of the emission of high-level vibrations by the components of the meeting in order to help the healing of the sick spirits and to support their return to balance and discernment.

The incarnate team components must not sleep in tasks devoted to disobsession in order to avoid unnecessary experiences of emancipation of the Soul. It should also be noted that in disobsession meetings no other demonstrations or mediumship experiences should be present.

21 – Visitors



Disobsession is not a department of labor to social amenities that, while respectable, do not sympathize with the spiritual nursing to be developed, for the benefit of discarnate brothers suffering bitter difficulties with their torments.

Still, there are cases where companions of the Spiritist-Christian construction, when they ask for permission for that, may have granted access to the service, on a constructive observation intention.

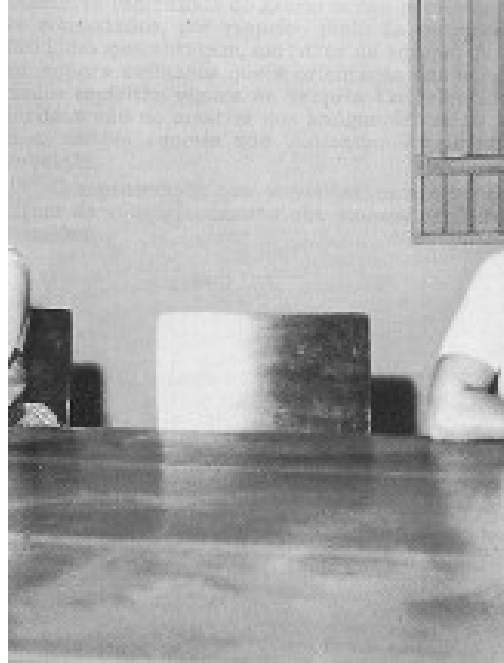
However, it is necessary not to receive them in large numbers in order to preserve the atmosphere of the meeting, avoiding undesirable vibrational changes.

These visits, however, should be rarely accepted and only in circumstances related to disobsession meetings,

especially when they aim at foundation of similar activities in other spiritist groups.

Before the visitor's admission it is imperative that the group's spiritual mentors be previously consulted, in respect for their responsibilities and in favor of the team, although we know that the orientation of spiritist activities are in the Spiritist Doctrine and not at the discretion of discarnate friends, even those of high spiritual condition.

22 – Justified absence



Frequently may occur the absolute impossibility of some companions to attend the disobsession activities.

An unavoidable trip ...

A serious problem at home ...

Unexpected professional demands ...

Sudden illness ...

In a situation like this do not forget your commitment as a disobsession worker and remember to warn the meeting leader, whenever possible with hours or minutes in advance, justifying your absence to avoid affecting your group's mental field, through apprehensions and unreasonable considerations.

Anyway, even with a reduced number of participants, the meeting can occur.

23 – Unexpected arrival of a sick person



Sometimes it appears a sudden problem: the arrival of sick or obsessed person without notice, whether adults or children. In these cases, a fast discernment is needed in order not to affect the meeting.

In most events of that order, the patient and his companions can be admitted, in the preparatory phase of the scheduled services, receiving healing blesses and guidance to get the proper assistance.

This work must be performed by components that the meeting director will designate. After a brief treatment and the appropriate guidelines, they must leave the meeting immediately.

These cases may also include people influenced by obsessions in the initial disturbance phase and the contact

with the communicants without proper preparation is always inconvenient or harmful, due to their susceptibility to negative suggestions of the less happy or frankly troubled spirits, in the semi-lucidity in which they are immersed.

However, in cases of obsession processes undoubtedly installed the group shall accommodate the obsessed and their companions on the bench or chairs, placed at the rear of the meeting room, where they can receive the proper assistance.

24 – Mediumistic team: Counseling mediums



In the disobsession team the counseling mediums, under the conduction and inspiration of the Spiritual Benefactors, are the guides of the nursing team of the discarnate sufferers.

Constituted by the group manager and the counseling mediums team, they are the mediums that the spiritual instructors use to direct the meeting with the necessary teaching or help.

Naturally, to these companions competes one of the most important parts of the meeting.

Let us look at some of the guidelines that must orient their activities:

1. keep attention in your intuitive field in order to record safely the suggestions and thoughts of the spiritual benefactors who run the meetings;
2. touch the medium's body in a trance only when necessary;
3. study the cases of obsession, which arose in the psychophonic mediums' team, which shall be treated in the orbit of psychiatry, so that medical assistance be used in the advisable measure;
4. cultivate psychological tact, avoiding violent attitudes or words, but avoiding the systematic sweetness that paralyze the mind without renewing it, in the conviction that it is necessary to ally reasoning and feeling, compassion and logic, in order to achieve maximum performance in the application of verbal assistance;
5. prevent the presence of children in the disobsession meetings.

Other aspects are treated in chapters 13 and 32 to 37.

25 – Mediumistic team: Psychophonic mediums



In disobsession activities, the psychophonic mediums are the ones who lend their physiological resources for discarnate sufferers to help them to be rescued.

It is asked to them a positive attitude of real faith, based on the certainty that the Higher Spirituality accompanies their work with careful supervision.

Understanding that no one is called by perform a task of such a large moral scale, they can easily check that, from the constructive passivity that they demonstrate depends the success of the tasks of enlightenment and liberation of spirits in which they were admitted.

Due to the special role of collaborators and mediators the psychophonic mediums are located, it is fair to ask them to care for some points deemed essential to the success and security of their activities:

1. development of self-criticism;
2. acceptance of their own mistakes, in mediumistic work, to improve their transmission abilities;
3. recognition that the medium is responsible for communications that he transmits;
4. abstaining from touchiness in the face of companion's advices, taking advantage of observations and warnings to self-improvement in service;
5. fixation in a single group, avoiding the inconvenience of having the compromise of disobsession activities in several teams at the same time;
6. complete self-control to accept or not the influence of discarnate spirits, what includes repressing of all obscene or hurtful expressions and words, that unbalanced entities may want to pronounce through his mediumship;
7. real interest in self-improving your inner feeling conditions and cultural formation;
8. permanent defense against flattery, although knowing how to thank the real encouragement and friendship from those who want to encourage you to fulfill the mediumship duties;
9. effort to develop a natural discernment of the evolution level of the communicating spirits, either by their presence impressions, language, magnetism or either by their general conduct;
10. use of the most comfortable clothing for the task, removing, however, unnecessary objects such as watches, pens, glasses and jewelry.

26 – Mediumistic team: Healing mediums



Among the teammates it stands out, as ones of particular value, the collaboration of healing mediums, who will remain attentive to the eventual demands that may be asked to them during the meeting.

Diligence and devotion. Vigilance and spontaneity.

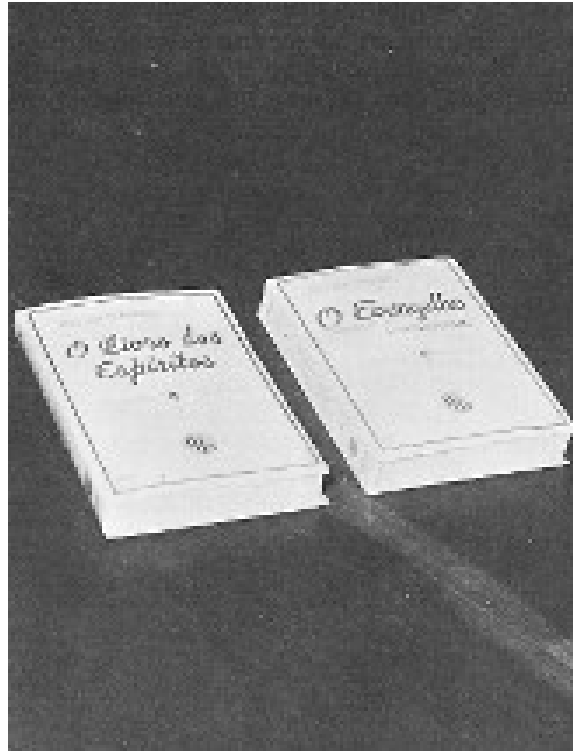
Now it's a problem that breaks out among colleagues; over there the possibility of a psychophonic medium fall into exhaustion; then a request for assistance to one or other of the assistants and, finally, the assistance to the team at the terminal phase of the activities.

The healing mediums will outline the disciplines advisable to themselves in the field of food and adequate training, in order to fully correspond to the organized assistance activities of the group, understanding that the counseling mediums, if necessary, will also accumulate the functions of

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healing mediums, but not the psychophonic functions, so not to let themselves to be influenced by sick Spirits.

27 – Recommended books



The books for preparatory reading will preferably be:

1. “The Gospel according to Spiritism”;
2. “The Spirits' Book”;
3. A subsidiary work that comment on Spiritist principles in the light of the teachings of Christ.

These resources will be sufficient, since they will be used to tune the assistants in the same thinking pattern around vital themes of Christian Spiritism, composing an adequate vibratory climate to the disobsession activities.

“The Mediums' Book” and related technical works must not be read at disobsession meetings. They must be used in meetings described in chapters 66 and 72.

28 – Preparatory reading



The preparatory reading, which will not exceed 15 minutes, shall be constituted, preferably, of one of the items of “The Gospel according to Spiritism”, followed by one of the questions of “The Spirits' Book”, with an excerpt from one of the commented subsidiary books around the Allan Kardec's work.

After reading, the manager must remove the books placing them in their own place.

Contact with The Spiritist message, before interchange with the still suffering discarnate brothers, provides the environment with moral edification vibrations, favoring the vibratory integration of the group for the fraternal assistance activities to be developed.

The team will avoid comments around the themes exposed, aware that they need to keep a unison vibration, to the

reception of sick entities that almost always are waiting for relief with distressing anxiety.

Let us repeat: the leader will provide the reading, approximately fifteen minutes before the scheduled time for the start of the disobsession activities, pronouncing the opening prayer and after the reading the last page shall begin the scheduled tasks.

29 – Initial prayer



After the exact moment of the meeting start, the manager will decrease the light intensity of the room and will say the opening prayer, that will not last more than two minutes.

There are those who prefer a memorized prayer; however, it is advisable a prayer with your own words, involving the team in the very feelings that flow from your soul.

Prayer, under these circumstances, asks for the minimum amount of time, since there are spirits in agony waiting for help, like a desperate patient complaining for substantial medication.

In several circumstances, the suffering spirits are linked to the mind of the psychophonic mediums since many hours before the meeting, altering his psyche and even his

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organic life, reason why the direct assistance should not be delayed.

30 – Initial manifestation by the spiritual manager



After the opening prayer, the manager and the mediumistic team will wait that the group's spiritual manager manifest himself through the indicated psychophonic medium.

This measure is necessary, since there are situations and problems, strictly related to the doctrinal order of service, only visible to him; therefore, the spiritual friend, on the condition of group conductor before the Greater Life, will need to speak to the group, outlining orientations and responding to any occasional question of the manager, transmitting important information or proposing opportune changes.

This message, at the threshold of the meeting, is essential to harmonize the agents and factors of the service, even if the spiritual manager uses the psychophonic medium just for a simple prayer that, of course, will bring tranquility and harmony to the meeting labors.

31 – Queries to the Spiritual manager



As meeting starts, the manager sometimes needs to listen to the spiritual manager about some determined subjects.

Often there is a friend who wants access to the meeting and who cannot be accepted without previous consultation; in other cases, it is the moment to get the instructions for eventual visitors.

There are cases in which the doubt is about the medication or magnetic treatment that should be applied to this or that companion who shows up suddenly in need of assistance, or the inevitable and fair question about problems that arise in the disobsession team, or the request for cooperation in unpredictable cases.

In these circumstances, the manager will wait for the mentor to finalize the initial instructions, through the

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responsible medium, and will formulate inquiries that he considers to be inevitable and timely.

32 – Manifestation of a disordered spirit (1)



Manifestations of the disordered spirits will stand for the time limit of one hour to an hour and a half, so that the meeting lasts at most for two hours, considering that the initial reading time is excluded.

The spirit in disordered and suffering conditions uses the psychophonic medium (or more properly, the speaking medium), with the deficiencies and anxieties that is bearer, requiring the conjugation of kindness and security, humility and vigilance in the counseling medium who speaks to him. Naturally we must understand that a visitor in these conditions is a patient, for whom each sentence needs to be medicine and balm.

Of course, it will not be possible to agree with all the requirements that he formulates; however, it is not fair to

claim from him a normal understanding that he perhaps is still far from possessing.

Let us welcome each suffering Spirit as if he were an extremely dear family member, and we will open our intimate door through which we will speak to his heart. In this and in the following chapters we will point out some natural attitudes of psychophonic mediums in a trance.

33 – Manifestation of a disordered spirit (2)



Counseling mediums, from what they hear from the disturbed spirit should deduce which sex gender he or she has belonged in the last incarnation, so that the explanatory conversation takes place in the ideal psychological line.

Analyze, without any spirit of censure or scandal, the problems of animism or unconscious mystification that may arise from the medium, doing everything possible to clarify, with patience and charity, mediums and the discarnates involved in obscure manifestation processes, acting with the sense of someone who carefully removes an imbalance from the body without compromising the other organic parts.

Cancel any intent of discussion or challenge with communicating entities, sometimes even agreeing with the unhappy spirits and obsessors, recognizing that real

disobsession does not always consist of undoing the obsessive process immediately, since that in many cases the separation of obsessed and the obsessor spirit must occur slowly.

When needed practice constructive hypnosis on the communicating suffering Spirits, either using the Sleep therapy to allow the Spiritual team to treat them, or carrying out the projection of mental pictures useful for clarification, or improvising providential ideas from the point of view of re-education, or by suggesting the production and administration of medicines or, finally, suggesting the production of containment resources in favor of the discarnate that are less accessible to the group nursing.

34 – Manifestation of a disordered spirit (3)



In the course of mediumistic work, the counseling mediums should not oblige the psychophonic mediums to receive the discarnate spirits, repeating orders and suggestions to them, attentive to the precept of spontaneity, a factor that is essential to the success of the meeting communications.

Counseling mediums will allow the manifestations of the suffering Spirits, who are expressing themselves through the psychophonic mediums, respecting the integrity of the mediums and the dignity of the Spiritist Center, also considering that they must obey the disciplines of time.

Mediums, whether the counseling or psychophonic ones, must be extremely careful in order not to spoil their spiritual activities.

Doubts and suspicious attitudes, which are irreconcilable with the work of charity represented by the disobsession

meetings, must be avoided because they often ruin excellent services of disobsession due to favoring the intrusion of perverse intelligences in the meeting.

The mediums of any disobsession group, as indeed happens to every spiritist, are called to always honor their family and profession obligations, abstaining from all manifestations and attitudes liable to induce them to fall into religious professionalism.

The managers and the counseling mediums should understand that the clarification to discarnate sufferers is similar to psychotherapy and that the meeting is a group therapy where they are responsible, when possible, to the application of evangelical methods.

They must observe that the essential part of the counseling is to reach the spirit's center of interest, who frequently is stuck to fixed ideas, so that they can feel their mental field relieved. Therefore, they must avoid any unnecessary speech.

35 – Manifestation of a disordered spirit (4)



It should be noted that there are psychophonic mediums to whom the Spiritual friends designate certain types of discarnate spirits that correspond to their tendencies, characters, moral and cultural formation, specializing their mediumistic possibilities.

The team should never confuse this imperative of mediumistic work with the so-called animism or supposedly unconscious mystifications.

36 – Manifestation of a disordered spirit (5)



The counseling mediums must remain attentive to the characteristics of the unbalanced spirits, since among them we often encounter sufferers who attend for the first time as well as systematic offenders, unhappy companions of the past allusive to the members of the meeting and newly discarnate frankly disoriented.

Others cases are suicidal and homicidal spirits, cases of zoanthropy and madness, evil ones brought into disobsession for correction and spirits touched of exoticisms recently discarnate in foreign lands, intelligences held in sarcasm and mockery, conscious and unconscious vampires interested in hiding the truth, and an entire family of needy spirits in various degrees of shadow and suffering due to their ignorance and cruelty.

It is imperative to note that all of them deserve understanding and appropriate treatment to each pain or problem that they express, demanding patience, understanding, help and fraternal devotion.

Disobsession does not take place without the light of reasoning, but it doesn't achieve its intended end without the real feeling of fraternal love.

37 – Counseling



The group manager, who will usually have two or three counseling mediums to help him with the task of counseling advices and the educative orientations to discarnate sufferers, will manage the manifestations, whether speaking directly with the unhappy brothers through psychophonic mediums or indicating one of his auxiliaries to do the task.

The conversations must use clear and logical terms, without any kind of impatience or disdain for the communicator, even if there are reasons to induce bitterness or hilarity.

They will not take too long, obeying the schedule determinations and respecting the other cases that may require attendance. Thus, the counseling, with the exception of exceptional situations, will not last more than ten minutes.

If the disturbed communicator keeps himself on the brazier of the revolt or in the shadow of the complaint, indifferent or recalcitrant, the manager or assistant in service will request the cooperation of the spiritual benefactors present so that the rebellious spirit may be entrusted to the assistance of suitable spiritual organizations.

In that case, beneficial hypnosis will be used in order that balsamic magnetism calm down the disturbed companion, supporting his removal from the psychophonic medium, in the same way it is administered a calming dose to a desperate sick person on Earth so that he can be more easily put under the precise treatment.

38 – Mental cooperation



As long as the counseling orientations to the discarnate sufferer persist it is imperative that the assistants remain in harmonious union of thoughts, providing a vibratory basis to the manager or counseling medium who will perform the task. No one must have any censorship, cruelty, irony or scandal idea.

Both the friend who guides the unbalanced discarnate brother and the companions who listen to the orientations will shelter sympathy and solidarity in their souls, as if they were helping one of their most loved relatives, so that the needy spirit can find real support in the help given to him.

It is necessary to understand that, otherwise, the assistance service would face unavoidable disturbances, due to the

absence of essential mental tune between the members of the counseling team.

The manager will take the initiative of calling for mental cooperation to the group, at the moment that the providence proves to be necessary, and will ask the help of the companions who, perhaps, reveal themselves inattentive or numb, since the counseling group action is comparable to a dynamo in whose gears the mental current of fraternal support needs to circulate evenly to provide the proper service.

39 – Simultaneous manifestations (1)



Psychophonic mediums, although sometimes feeling themselves under pressure of entities in distress, whose ignored pains strike them in their most intimate fibers, will be educated to allow the manifestation of the discarnate spirits only when the meeting team be ready to properly attend to the activity.

The reason is that during the meeting it is not advisable to allow more than two simultaneous counseling activities to the needy entities so that the balance of the team be naturally ensured.

Even when the medium has his faculties marked by advanced somnambulist mediumship, he should demonstrate self-control, acquired through observation and study, in order to properly collaborate to the psychophonic task, keeping the precise surveillance to the communication

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of the spirit, reliably performing the spiritual nursing task that is attributed to him.

40 – Simultaneous manifestations (2)



It will be allowed, at each meeting, only two psychophonic tasks per medium, thereby eliminating excessive energy expenditures due to successive or chained manifestations, which are inconvenient in many ways.

In all circumstances, the medium in the service of disobsession cannot ignore the team in which he works, maintaining the conviction that inside the group he resembles to an organ inside the body, so he needs to be in the proper place in order to keep the balance and production of the whole team.

41 – Benefactor interference



Sometimes, in the middle of a task, one or other discarnate spirit appears in conditions of almost absolute hardness of soul. Such imbalance of the entity may coincide with some unhappy moment of the mediumistic mind, establishing greater disharmony.

The phenomenon is susceptible to cause inconvenience to the group. Thus, if the spiritual mentor considers opportune, he will spontaneously occupy the mediumship of other medium in order to share the service of counseling and clarification, addressing to the communicating spirit or to the psychophonic medium who is allowing the communication.

On the other hand, the manager also has the possibility of appealing to the intervention of the spiritual mentor of the meeting, if he considers necessary, through the manifestation of another psychophonic medium, in order to remedy the situation.

42 – Medium's attitude (1)



The psychophonic mediums, as well as the counseling mediums, can't forget, under any circumstances, that the disturbed entity is, for them, in the same situation of a patient before a nurse.

In spiritual help, the benefactors and friends of the Higher Spheres as much as the incarnate companions, like the director of the meeting and his advisors who manage the educational verb, work reminding competent authorities in curative work.

The medium is the nurse responsible to control the patient, as much as possible, trying to prevent tumultuous manifestations and obscene words.

The psychophonic medium must prepare himself with the dignity for the function he performs, recognizing that he is not a puppet, fully maneuvered by discarnate Intelligences.

His position is of an interpreter and nurse, able to assist, to some extent, in containment and re-education of rebellious spirits that are recalcitrant in evil, in order that the manager feels strengthened in his edifying action and helping the team to demonstrate maximum performance in the assistance work.

43 – Medium's attitude (2)



Even when the medium is absolutely somnambulist, unable to keep memories of the disobsession activities and partially disconnected from his own physical body, he has the resources to govern his body senses which are in use by the communicating spirit, enabling himself, therefore, with the aid of spiritual teachers, to properly control the spiritual manifestation. Don't say this is impossible.

Disobsession is a work of re-balancing, never of agitation and theatricality. In this sense, it is worth remembering that there are normal psychophonic mediums and the ones that are still obsessed.

And whenever the medium of any kind becomes obsessed, he will need the spiritual help, through enlightenment, pairing with the troubled entities in need of help.

Indeed, in certain cases, the psychophonic medium won't be able to govern all the messy impulses of the discarnate intelligence that communicates in the meeting, like the nurse, not ever manages to prevent all the extravagances of the bedridden person.

However, even on these special occasions, the medium shall use his resources to cooperate to the ongoing spiritual activities, reducing the inconveniences to a minimum.

44 – Unforeseen malaise of the medium

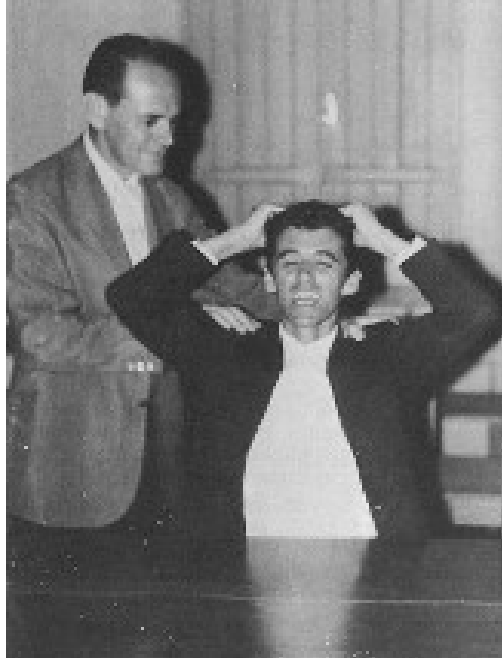


Every service on Earth foresees the possibility of understandable failures. The car commonly suffers disturbances in certain implements, in the middle of the trip. A loom stops weaving by the exhaustion of one piece.

In disobsession, a malaise may overtake a medium or one of the collaborators in action, especially with regard to a frankly unforeseen organic crisis.

Once the incident is verified, the partner or sister in need of assistance will remain outside the active circle, gathering the spiritual support of the environment, when the discomfort is not such as to advise him or her to immediately be taken home.

45 – Mediumistic education (1)



The medium must avoid slovenly positions between the companions, when he finds under the influence or presence of imbalanced spirits, controlling the verbal expressions and striving to cooperate with the administration of the benefit to the suffering Spirits, frustrating the production of screams and the enunciation of foul words.

The mediators should not forget that the place used in the services of disobsession is comparable to the respectable intimacy of a hospital.

46 – Mediumistic education (2)

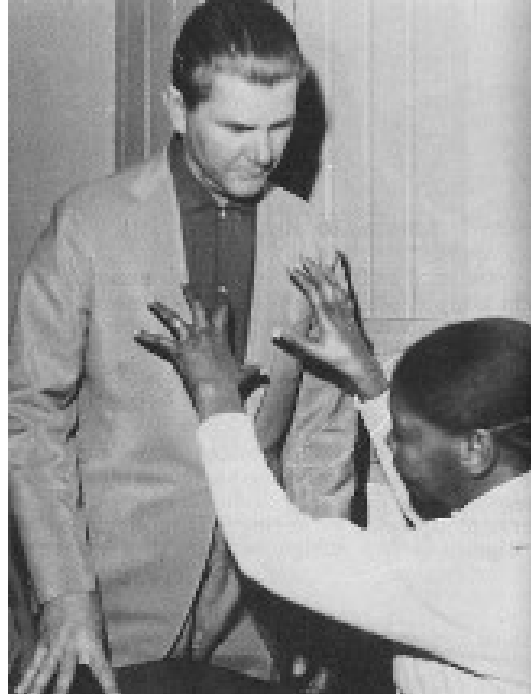


The psychophonic mediums must never admit so much lack of control that may reach the point of overturning furniture or any objects, disrupting the environment.

Remember that you are not absent from your body and unable to control the communicating spirits and their unbalanced demonstrations.

Discarnate benefactors are always ready at the meeting, sustaining the harmony, and will safeguard the strength of all mediums in service so that they can perform their obligations with cleanness and dignity.

47, 48 and 49 – Mediumistic education (3,4 and 5)



Positively inadvisable attitude is to allow sick communicators try any impulses of aggression.

It is an urgent duty to prevent sick demonstrators from subverting order with clashes and noises that psychophonic mediums can easily frustrate.

Psychophonic mediums should avoid at all costs, at any time during the meeting, bending their heads over their arms.

This attitude favors sleep, disrupts mental cooperation and provides an opportunity for easy hypnosis on the part of discarnate spirits.

50 – Spiritual interference of another sick spirit



In the course of the manifestation of a unbalanced Spirit, it is possible to happen the interference of another unfortunate or disturbed entity to appear, with enthusiasm, through another psychophonic medium still weakly able to control himself.

Sometimes the intervening Spirit arrives trying to provoke other elements of the meeting, citing them nominally to establish marginal conversations without any interest to the counseling activities.

The manager will take immediate actions to avoid disharmony or turmoil, designating without delay an advisor who will undertake the necessary solution to the problem, so that the interference does not degenerate into disturbance, compromising the order and security of the disobsession meeting.

51 – Irradiations



Praying for vibrations of love and tranquility to those who suffer, the group director, once the tasks of disobsession are finished, will suspend the speech for approximately two to four minutes, so that he and the members of the circle form mental currents with the best ideas they are able to articulate, whether by silent prayer or uplifting imagination.

Every thought is a wave of creative strength and the thoughts of peace and brotherhood, emitted by the group, will constitute an adequate climate of beneficial irradiations, providing the spiritual friends present with the necessary resources for the formation of various aids, for the benefit of the companions who make up the circle, of the assisted dis-carnates and other brothers, in need of spiritual support from distance.

One of the members of the team, appointed by the director of the group, can say a prayer aloud, remembering, in the

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prayer, the spiritually sick who communicated, the discarnate who silently participated to the meeting, the sick in hospitals and the brothers from care homes and similar institutions in need of help and relief.

52 – Healing blesses



The healing blesses mediums, as soon as the group reaches the necessary silence for the irradiations, according to the instructions outlined by the manager, will move from their places and, while they remain in the intimate work of constructive thinking and vibrational support to the sufferers, will attend to the healing blesses administering them to all the components of the group, whether they be mediums or not.

Such a practice must be observed regularly, as the service of disobsession asks for the energies of all those present and the Spiritual team is ready to replenish the expenditure of energies of the workers.

The healing blesses must be applied without unnecessary noise, so as not to break the peace and respectability of the meeting.

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Outside of normal moments, the healing blesses mediums will attend to the companions in need of help only in cases of exception, austerely respecting established provisions, so as not to favor whims and indiscipline.

53 – Unforeseen events



The group must count on unforeseen events. There are those of external nature that cannot be paid attention, like the calls of people who are still unable to understand the seriousness of the rescue work that disobsession develops.

Examples are: knocks on the already closed door, by brothers in the circle, beginners and latecomers, not yet accustomed to discipline, festive neighborhood noises and other noises, commonly produced by insects, animals, vehicles, etc.

However, there are meeting embarrassments, among which the suddenly turn off the lights or someone's sudden discomfort.

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In these cases, the manager will take immediate action so that the ongoing problems are made understandably attended to.

54 – Mentor's Final speech



Approaching the closing time, after checking that everything is in order the manager of the meeting will explain that the activities are in the terminal phase, requesting to the workers their best thoughts of peace and comfort, notably to the benefit of sufferers.

Then he will recommend to healing blesses mediums to proceed with the blessings and will request to the assembly to keep the silence, so that the indicated medium may observe if the spiritual director of the meeting, or some other spiritual instructor, wishes to transmit a warning or uplifting note to the group study and meditation.

If the home possesses a recording device, it is important that it be properly prepared and able to record the message from the friendly communicator. In the event of verifying that the discarnate advisor does not wishes to bring a warning or instruction, the indicated medium will give awareness of

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this to the manager so that he may utter the final prayer and then declare the meeting closed.

55 – Message recording



The meeting manager will deal with the recording of the final message or may designate a companion to assist him.

He will be directly responsible for the recorded material, becoming attentive caretaker of the recording device and the respective implements, understanding that the services scheduled for each meeting must be carried out without incidents or omissions.

The group will listen carefully to the word of the friendly communicator, be him the Spiritual manager or other benefactor recommended by him.

Often, the visitor invited by the Spiritual mentor may not be a spirit of the greater Spirituality, but a fellow newly converted to the Truth, willing to report his own experiences, almost always enameled with painful memories, an occur-

rence that is verified for the purpose of comfort or edification.

Anyway, the word of the spiritual visitor, through the psychophonic medium, must be listened with the utmost respect, seeking in it, above all grammatical precepts, the sense, the logic, the meaning and spiritual guideline.

56 and 57 – Final prayer and closure



The closing prayer, uttered by the chairperson of the meeting, will obey the brevity and simplicity.

After the final prayer, the director, with a brief sentence, will declare the meeting closed and the room will be put in full light.

It is worth clarifying that the meeting may end before the deadline of two hours from the initial prayer. Exceeding this time limit must be avoided.

58 – After meeting conversations



Of course, after the meeting, it is expected that the team members feel inclined to express thoughts and words in constructive conversation, because if the joy of fulfilled obligation does not appear in the group there must be something to be necessarily rectified.

Fellowship euphoria, comfort of duty nobly serviced.

Often, the opportunity arises of affective conversations around a cup of coffee or while waiting for the bus to bring back home.

Let's talk, cultivating kindness and optimism. It is important that the conversations does not fall into any negative expression.

If one of the discarnate sufferers have emitted unhappy concepts, or if one of the mediums in action failed to prop-

erly proceed with the attributions assigned to him in service, be careful to avoid disapproval, criticism, mockery or sarcasm.

Let us understand that a disobsession team develops and improves with service and time, like any another productive enterprise, and some disapproving comment, highlighting deficiencies and errors, may cause harm to the progress and the consolidation of the group.

59 – Listening to the recorded messages



After the meeting or on the subsequent days, it is advisable that the disobsession team, when necessary, hear again the educational messages, obtained in the terminal phase of the task, if it has been recorded.

Search - let's repeat - in the phrases of the communicator the essence and the orientation. On the other hand, abstain of the impulse to disclosure the messages without the proper study of them.

It is worth reflecting that the first instructions for the reincarnated creature take place at home.

The human creature receives from parents and teachers unforgettable advices and directions, but not all of them can be disclosed.

No one will remember to send a motherly warning to the press, although a mother's notice will always be a precious piece for the children it is intended for.

The manager, in the event of receiving messages intended to disclosure, will need to submit them to rigorous screening, requesting, to this goal, the help of companions with greater cultural and doctrinal knowledge, with enough authority to express opinions, also checking if the instructions obtained do not match, in literal form, with this or that spiritist page, obtained through mediumship or not, already enshrined in common reading, although the moral background of the received message be respectable.

60 – Constructive study of the received messages



It's interesting that the leader, advisors, psychophonic mediums and other team members, analyze the received messages, after the meeting or whenever possible, indicating for study and examination its vulnerable points.

The fraternal and dispassionate observations will alert the companions of mediumship about things that they need to avoid and will remind the counseling task team about the inconveniences of attitudes or words used in the meeting which they should not recur.

A similar measure, carried out with mutual appreciation that we need to feel to properly support each other, will result that all components of the meeting will invest, by themselves, in the responsibility that all of us must maintain of constant study in order to improve the group efficiency.

If the counseling mediums consider appropriate the attention of this or that psychophonic medium about a certain theme related to the spiritual service, they must call him to a private understanding, avoiding offending susceptibilities, emphasizing that the psychophonic mediums, freed from obsessive interferences, are the first to rejoice with the sincere examination of their psychophonic activities.

61 – Companion's departure



The departure of the companions will be with the same discretion of the entrance.

Screams, laughter, malicious references, spicy anecdote will be avoided.

The disobsession service demands the tranquility and respect that is due to a sanatorium of mental illness.

Consider the companions of this love sowing job that they are often being followed and observed by many discarnate and sick souls who have listened their exhortations and teachings with interest in the course of the meeting, and that it will be very counterproductive, in addition to undesirable, any attitude or comment by which the workers of spiritual help dismantle the moral values that they themselves built in the consciousness of the benefited spirits.

62 – Domestic comments



Back home, it is advisable that the workers of disobsession silence any inconvenient note about the messages, influences, phenomena or revelations seem at the meeting.

If the communicators refer to unfortunate problems, such as crimes, offenses, sorrows or various faults, it is up to us to remember that the disobsession work, deep down, is about liberation from the darkness of spirit and there is no liberation from the shadows without forgetting evil.

Conversations about any manifestations or depressing traits of the spiritual support carried out may establish magnets of attraction, creating mental currents of action and reaction among commentators and those who become the subject of the comments in question.

This reality makes at all inadvisable the references about evil, since they work in the manner of invisible scalpels, revolving uselessly the mental wounds of disembodied sick souls who have been attended to, plucking them from the relief in which they are dipped, for new syndromes of distress.

This, however, does not prevent the counseling mediums, psychophonic mediums and other companions to analyze certain passages of the conversations with the suffering entities, in inner circle, for constructive study, with the purpose of improve the group knowledge, in the manner of experts in a symposium conducted with discretion.

63 – Assiduity



Assiduity is a lesson we collect every day in the school of Nature. Farmers enrich the barns of humanity, trusting punctuality of the stations.

Disobsession, to achieve the liberating and comforting goals to which it proposes, calls for loyalty to the commitments made.

Let's learn, during the week, to remove the obstacles that probably visit us on the day and the time predefined for spiritual help to the less happy discarnate souls.

Let us observe the calendar and be aware of the obligations that Spiritual Benefactors place in our hands and in which we must not fail.

Very natural that the unjustified absence of a companion in three consecutive meetings to be a reason for promoting his necessary replacement.

64 – Benefits of Disobsession



We would commit a great mistake if we said that disobsession just assists the discarnate souls who still wander in the shadows of the mind. Similar activities benefit to them, to us, as well as the ones who share our experience whether at home or not, and also helps the space where our influence takes place.

Meetings dedicated to disobsession constitute sometimes a difficult work since, in many circumstances, they seem to fall into unpleasant monotony, not only by the frequent repetition of analogous manifestations, as well as because of the persistent presence of entities presenting states of rebellion and presumption in a chronic state.

This, however, cannot and should not discourage the workers of this type of service, since no incarnate researcher on Earth is able to evaluate the benefits resulting from disobsession when it is being properly practiced.

We all have disaffections from past existences, and, at the stage of evolution in which we still breathe, we attract the presence of less evolved entities, which adjust to the climate of our thoughts, undermining, often unintentionally, our provisions and possibilities for the use of life and time.

Disobsession acts as specific moral remedy, aerating the mental pathways in which we are able to act, immunizing us against the dangers of alienation and establishing hidden advantages in us, for us and around us, to an extent which, for now, we are not able to calculate.

Through it, ghost diseases, obscure obstacles and failures disappear, in addition to obtaining through the spiritual support provided by the benefactors, broader horizons to the understanding of life and inappreciable moral resources to act, before others, with balance and understanding.

65 – Counseling mediums meetings



Counseling mediums cannot forget the imperative of mutual understanding and constant study around the activities that concern them. To do this they will meet periodically or when possible to exchange impressions, under the light of the Spiritist Doctrine, analyzing work topics or presenting plans, with the objective to improve the knowledge of the group.

Such meetings are absolutely necessary to improve the teamwork and to adjust measures for the benefit of the work in progress. These adjustments help to improve the group partnership and also allow the safe and direct action of the Spiritual benefactors over the group, providing guidelines of action or giving warnings, advisable to balance the disobsession team.

Counseling mediums should not forget that, at the end of each meeting, questions and service themes frequently

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arise who should, at the proper time, be analyzed in order to improve the knowledge of the group.

66 – Mediumistic studies meetings



The mediumistic studies meetings are necessary to the dis-
obsession group. During these meetings, in days and times
other than the prefixed for the disobsession ones, the coun-
seling mediums and other companions will hear the psycho-
phonic mediums of the team registering their questions and
impressions, in order to solve the problems raised by their
faculties and their inquiries through the light of the spiritist
principles combined to the Jesus Gospel.

They are advised to methodically study the "The Mediums'
Book" of Allan Kardec and all respectable works relating to
mediumship.

Discarnate benefactors and family spirits are always study-
ing in order to become more useful to the work of education
and consolation of humankind.

It is essential that the incarnate groups study as well.

67 – Special mediumistic meetings



Under certain circumstances, special mediumistic meetings can arise as being necessary to certain purposes.

In this case they can happen without prejudice to the usual meetings.

For this to happen, however, it is clearly advised that the spiritual grouping's mentor may trace special instructions.

In other cases, the group itself, through its leader, will propose to the spiritual mentor the realization of meetings of this nature to meet the needs of the rescue labor considered its urgent nature.

68 – Visit to sick people



Sometimes the disobsession team is called to visit some sick people retained in their own homes.

Arguably the visit should be done, if the group has the possibilities for this, being recommended, however, that the group should be represented by a committee comprised by some of its fellows to visit the patient.

This committee will be careful to collect the needy brother's address, enabling the group to provide him the possible assistance.

When visiting any patient, the team should refrain from any mediumistic action before him relating to counseling activities to the discarnate sufferers, reserving this task to the disobsession meetings.

69 – Hospital Visits



A disobsession group is constantly requested to provide services. Amid the various requests for help and aid are the requests to visit hospitals.

Considering the hypothesis of attending those requests, it is important that the service group be represented by brothers of the team empowered with the obligation of dealing with the sick providing uplifting attitudes of comfort, without showing impressionability with the sicken ones and without undesirable mediumistic manifestations, from which, in so many cases, troubled spirits act to aggravate symptoms and cause disturbances in alienated or sick submitted to obsessive processes.

The representative committee of the group shall write down names and addresses of those to be visited, for timely cooperation, dosing the concepts around the themes of obsession, when in conversation with the sick still devoid of

spiritist knowledge, so that curative guidance may be implanted in their minds, little by little, safely.

It is imperative to note that psychophonic mediums will assist more efficiently if they can get to know closer the sick people who ask them for help, and the counseling mediums will take great advantage in dealing with troubled Spirits, learning the technique of talking to complex patients used by experienced and worthy nurses from mental healing facilities.

It is also urgent for the visiting team to observe the rules of the hospital organization visited, in such a way that it does not hurt its principles.

70 – Gospel study at home



Every member of a disobsession team has to understand the need for gospel study at home.

At least in a weekly basis, it is advisable to meet with family members or with some relatives, able to understand the importance of the initiative, to study the Spiritist Doctrine, in the light of the Gospel of Christ.

In addition to discarnate companions who live at our homes or in its surroundings, there are other spirits, especially those who remain in nursing tasks in the spiritual group, who gather support and teaching, consolation and relief, with the spiritist conversation, Gospel study and prayer at the homes of the Disobsession workers.

The cult of the Gospel at home is equivalent to a lamp producing spiritual light supporting spiritual clarification to everyone.

71 – Cult of social assistance



Another aspect of service that disobsession workers cannot forget without prejudice is the assistance to the needy people.

Suffering or deviant entities, to whom the word is addressed at the Disobsession meeting, accompany, in many cases, the Disobsession workers who exhort them to practice patience and charity, examining their examples.

Assistance to the needy, whether through bread or warm clothing, financial aid or medicine, healing blesses or counselings, in favor of those who are living more difficult lives than ours is not only a duty, but also a valuable course in educational experiences and lessons for ourselves and for others.

In this regard, it is equally impossible to forget that the brothers in revolt and despair, who hear our calls for regen-

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eration and love, are not transformed simply by the force of our words, but, above all, the moral touch of our actions, when our actions are compliant to our words.

72 – Extra studies



It is imperative that the workers of Disobsession don't limit themselves, in matters of spiritist activities, only to the group issues.

In order to enrich the group with the values required to collective education and renewal of each person, it is essential to accept the noble study, in the fields of Spiritist Doctrine or outside them, to improve the discernment and usefulness in the recovery work that's up to them, illuminating convictions and dissipating uncertainties.

Always learning and knowing more is the motto of every Spiritist who really incarnates the high principles he embraces.

In the task of disobsession, we need to improve our knowledge and experience, so that Spiritual instructors can find ourselves malleable and useful in the extension of the good that we propose to cultivate and develop.

73 – Other teams formation



The Disobsession collaborators, due to work carried out, tends to gradually expand in number, but it will not admit new members without these members demonstrate the needed preparation, to be acquired in public meetings of the Spiritist Doctrine.

Based on "The Mediums' Book" (item 332), once the quota of fourteen members of the group is exceeded, the manager will assist the excess members in the formation of a new group that, temporarily, can act and serve under the guidance of the group from which it was born.

Then the new group will have the proper instructions to consolidate itself, as a conscious apparatus, whose pieces will fit into their proper place, spreading the fruits of fraternity and counseling in the effective support to those who suffer, as the performance of the service is, in everything, the basic factor.

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The redemptive work of Disobsession will continue, in this way, providentially guaranteed by hearts determined to work with companions mentally fallen in disturbance and conflicts after death, and for those who are still incarnate but suffering distressing obsession processes, hidden or not, in which only love and patience may provide the strength and understanding sufficient to sustain the liberating task until the end.

Obsession is a scourge twinned with ignorance, and, if only the school manages to dissipate the shadows of ignorance, only disobsession can remove the darkness of spirit.

--- The End ---



**Dr André Luiz
(Spiritual author)**



**Francisco Cândido Xavier
and Waldo Vieira
(psychophonic mediums)**