



**"Spiritist Stories"**  
by  
**Dr. Nubor Facure**

NUBOR ORLANDO  
FACURE

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2015

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## **Translator's note**

*The title of this book in Portuguese is:  
"Causos Espíritas", instead of Casos Espíritas.*

*The word "causos" (stories) refers to stories told in a simple and light way with expressions used in the interior and on the farm by local peasants. In Brazil the "causos" are a characteristic of certain regions where its inhabitants are specially inclined to storytelling in a picturesque and amusing way. One of those regions, perhaps best known for these stories, is the state of Minas Gerais - its inhabitants are excellent tellers of such stories, or "causos". The author, Dr. Nubor Facure, was born in the state of Minas Gerais.*

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## **Presentation**

Dr. Nubor Orlando Facure recently completed 50 years of medical work in the area of Neurology and Neurosurgery.

He was born in the Brazilian city of Uberaba, in the state of Minas Gerais, and since his family was Spiritist, at the age of seven he began attending the Spiritist Center. Thus, he lived with famous and respected people, who followed and practiced the Doctrine at the time, even before the arrival of Chico Xavier to the city of Uberaba.

The literary and musical meetings and the Study Circle on the Uberabense Spiritist Center were very important to shape his knowledge in accordance with Allan Kardec's teachings. Later, he had close contact with Chico Xavier and his work, and this complemented his Spiritist education.

His entrance into medical school and specialization in Neurology allowed him to meet thousands of people in great suffering caused by neurological diseases.

It was the combination of these two conditions – the first one that he was born in the city of Uberaba, and the second one that he became a physician with a Spiritist education - that made it easier for Dr. Nubor to tell these "causos" (stories).

The episodes in this book are fictional, but they all represent what we see in real life. We can find them in

this or that Spirit, with which we encounter along our lives. We sometimes are forced to witness these episodes, but many a times we experience them ourselves.

The "stories" allow us to point out the strict consequences of the Divine Justice, from which no one can escape.

Referring to them, Nubor Facure says: "Between the lines, in these episodes, Spiritist concepts were included and there are a thousand of opportunities to learn what life gives us".

He goes on, "It is interesting to see how much our lives are intertwined thus meeting our needs to redeem our faults and progress toward the Greater Life."

October, 2015

The Editor



# 1

## **But, to ask for what?**

Isabela is my patient since she was born. For 9 years she comes to see me in her mother's lap. This little girl has 6 to 7 convulsions per day. Sometimes she just blinks slightly or twists her little head, and sometimes she pales and her body goes limp like a ragdoll.

When she arrives, I speak her name out loud for her to recognize me; her little body immediately shudders and she lets out a grunt showing a huge open mouth and she puts her tongue out at me and back into her mouth, showing her perfect teeth. Her mother says she is laughing at me, while inside I try hard not to cry...

Mariana was adopted when she was born. Her biological mother was an addict and had AIDS. I see this 13 year old girl every month, stretched on her wheel chair like as if it is her crib. Her liver is in shambles, because of the high-dose cocktail of drugs. Every month we have to review her medical tests, because of a new disease that reoccurs repeatedly. I am medicating her to control her seizures for over 4 years and I could never really control them completely. Mariana does not talk. She doesn't have to. We can see in her gestures, in her crooked smile, her restless cries, when she is happy.

I don't ask for health or wisdom for both of them. They are happy in their own way and even being like this they were able to enslave us to their innocent love.

## 2

### **Rebuilding the past**

#### **Year 1375**

In a former Portuguese village between Coimbra and Lisbon, Eulalia was promised to be married to Diogo Silva, owner of a rich piece of land of olive tree plantation. Silva was 20 years older than Eulalia, a happy girl, who loved to go to parties, and who was in love with Jose Antonio das Rosas, a general services assistant, who worked for her father, a carpenter.

Not accepting what her family had chosen for her life without her consent, Eulalia and Jose Antonio imagined a plan to escape. It was possible at that time to escape to Spain and begin a new life there without being disturbed – just a little lack of care on the part of her parents, and Eulalia would put her plan to escape in practice. However, she was afraid that Diogo Silva would take revenge, and so, with the help of unscrupulous people, she poured a powerful poison in Diogo's glass of wine.

Diogo had his insides eaten away with great suffering and died immediately.

#### **Year 1806**

We are now in a small little city in the countryside of France, where Divine Mercy favors an opportunity to rebuild the past.

A wealthy family has a rich grape plantation, where their three children work together. With a new wrap, a new body, three brothers have now come together. In their past they were: Eulalia, Jose Antonio and Diogo Silva.

Their childhood and youth passed quickly, with only some jealous clashes between Eulalia and Diogo.

Due to his business interests Jose Antonio travels to America doing business and for two years he gives no news. On a rainy night Eulalia and Diogo's parents suffer a car accident on a tricky road full of holes, and both die.

The plotting of the distant past still remains as if printed in Eulalia's memory. This Spirit was not yet free from the disturbing trends that marked her life story in the previous incarnation, confirming that even if our conscious does not realize it, we are always heirs of our good and bad trends.

The criminal nature of Eulalia manifests again, and once again she kills Diogo Silva to stay with all the wealth of the paternal inheritance.

### **Year 1948**

In a poor neighborhood in Rio de Janeiro, a father and his daughter are attentive to the reading of the Gospel in a humble Spiritist Center. They are Jose Antonio and Eulalia. The girl is now 19 years old, and is motherless. Her mother died giving birth in a traumatic childbirth.

Eulalia is mentally retarded, and requires ongoing consultation in specialized clinics. She is being re-educated due to cerebral palsy, with a serious mental disorder. She uses medication to control her impulsive behavior, with periods of extreme agitation. She suffers from seizures that the drugs in sleepy doses have failed to control.

In the Spiritist Centre they attend an unexpected psychic manifestation, and the Spirit makes a startling revelation.

He is Diogo Silva demanding for the life of Eulalia. He is aware of the two crimes she committed, and he describes what she did to kill him twice and the period of persecution that for centuries he has been conducting against Eulalia.

### **Year 2005**

In a university hospital, in the interior of Brazil, a surgical team, with more than a dozen doctors, is finishing a complex and risky procedure.

They are separating two children, who were born joined at the chest. They are Eulalia and Diogo in another one of their encounters. This time, Divine Justice makes them come back physically attached to each other.

### **Homework**

Four traumatic incarnations aggravating commitments, and accumulating debts with Divine Justice.

As shocking as they seem, these accounts are stories just like the ones we shared in our previous lives too.

### 3

#### **The harvest is mandatory - this is the Law**

In the last century, in the interior of Goias, people were very poor and chronically lacked food. Mane Jacinth lives there alone in a place called Sitio Roseiral (Rose Garden), with a small and very poor house at a mile's distance from the main farm. He and some farm workers come together in the evening and secretly plan to rob the rare travelers that pass on the dirt road that leads to the city of Annapolis. In the first attempt everything goes well. Values, utensils and food are stolen from the unsuspected travelers.

The group gets used stealing and the thefts become increasingly lucrative. However, wickedness is soon to be part of the assaults. Now victims are also constrained, frightened and threatened to death and sometimes have their legs tied, while the group mocks and laughs at the innocent victims.

Earlier this century in the Santa Casa (Holy House - Public Hospital), still in the state of Goias, a family is being attended. The father is that same Jacinth, the mugger, who lived in a shack in the interior of Goias, and now is in another body. He was admitted to hospital, went through a spine surgery and some complications occurred. Now, he cannot walk, and is to live the rest of his live on a bed.

This Jacinth has four children. They are the same muggers, which he encouraged to rob, and his mission now is to recover them for a dignified life.

Nezinho, one of his sons, was assaulted when coming back from his work and badly hit on the head. Now he is in a vegetative coma, motionless, in bed for two years.

Junior, the eldest son, suffers from seizures and falls on the floor at least once a week. The two younger sons are heavy drinkers.

The Divine Mercy allowed Laurinha de Jesus to be born within this family, who has a terrible bond with its criminal past. She is tireless in the administration of medicines, and making the medical appointments. She calls the City Hall in order to get the van to drive them to the physiotherapy sessions, and she also takes them for blood and urine tests, whenever the doctors request so.

Laurinha is a proof that the Spirits, who are more advanced, can come back to us, by their own personal choice, stretching their hand to help the Souls that they care about.

## **Homework**

To each will be given according to his works.



## 4

### **The power of the past**

Faustina organized parties in her colonial house choosing her guests very carefully. Besides the family chat, they listened to music played on the piano by one of her daughters, and recited poems, while appetizers were passed among the guests. There was a snobbish, arrogant and boastful attitude that could be clearly seen in Faustina's features. The proud hostess made it absolutely sure that everyone respected her noble origin.

In the following century the same Faustina is in a wheelchair, begging in the streets of Rio de Janeiro, the city she knew so well.

Who sees her today recognizes the old signs of "nobility" of the past. She still gives orders, does not address anyone, and wanting to protect her body from the gaze of others, she hides it under rags and torn clothes. Whenever her wheelchair bumps into holes in the sidewalk, she curses and mistreats everybody.

It's the same Faustina, who lived in the Rio de Janeiro's colonial house.

Fabriciano had a farm in Barra do Carmo, in the interior of the state of Minas Gerais. At that time he owned slaves too, who came from his father's heritage, a rich landowner in the region. While his father was a kind

man, Fabriciano on the other hand always shouted and became violent whenever he did not get his way.

He used to walk around with a wooden stick, cut from a guava tree, and he had pleasure in hitting the Creoles on their backs with the stick, whenever they did not obey his orders immediately.

Today, Fabriciano is back in the same state of Minas Gerais, in the so called Triangle region. His parents now were his employees before at the farm in Buriti Alegre. He and his nine brothers work hard on the tiring task of taking care of the cattle.

But again, Fabriciano's old violent nature comes to the surface. Now he orders his poor brothers around. One afternoon he falls off a horse, and his leg, badly plastered, becomes shorter than the other one. So, to walk, he has to use a branch of the guava tree that he cut with his knife. And once again he hits his brothers' backs with it, ordering them to hasten and to obey him.

Friar Angelli was never an angel in sense of the word. In the fourteenth century, the darkness of ignorance prevailed in European hinterland and our Friar takes part in the implementation of certain penalties in the religious courts of the time. Strict, and detail-oriented, he thoroughly knows every penalty to be applied. Miseries, accusations, betrayals and information are obtained by forced confessions in the presence of Friar Angelli.

### **Homework**

The same faults of our previous lives still remain in us

today, and we insist in maintaining them. The sooner we get rid of this "old man", the better.

## 5

### **Obsession and its masks**

Erotides she comes to psychiatry showing signs of intense catatonia. Beyond that typical rigidity, she is misaligned from head to toe and wearing dirty clothes, some of them quite torn. The diagnosis of schizophrenia had been suggested six months before - she spoke with the shadows that appeared to her; she cried, sulked, and threw objects; several times she had to be contained by force. Suddenly she calms down, becomes quiet, isolates herself, and sobs and cries - one gets the impression that her cries of pain are caused by someone who is slapping her. The mother says she took her daughter to a Spiritist Center. The physician rigidly refuses to listen and says that this stuff of demon is superstition.

Medication helps a lot in bringing back Erotides' lost balance.

But, as a doctor, I wanted to hear what was said at the Spiritist Center – this is my position regarding this matter and I have been proposing it for years to those who work with me - we are to give our full attention to the patient; the patient comes in the first place, not my academic vanities. And, as for superstition, medical science has it too, and many of these superstitions have taken many years to be demystified: the drugs and

surgeries to lose weight, not to mention the frontal lobotomy of a dark past.

Erotides in a recent past had told her eldest sister to get rid of her husband, a wealthy farmer in the state of Pernambuco. The crime was badly executed and both – her sister and brother-in-law - died in a car crash.

Today, she is severely taken over by obsession. The authorities did not characterize the crime, and the psychiatrist did not accept the major justification for the disorder. What a shame! The concept of spiritual diseases that today are already being studied in the medical schools, have nothing to do with the interference of the medieval demon. This misunderstanding is already surpassed. Currently, the treaties of medicine already include obsession and possession within its nosological classification. It is better to start studying it now, because, sooner or later, the future will bring us the necessary enlightenment.

## 6

### **Sandrinha of the Pier**

A couple of Sao Paulo waited in vain for a child to fill their home and inherit their small fortune. After 12 years of waiting, they adopted Sandrinha. She was found in a primary school in the countryside, and she was only four months old. Therefore, the adoptive mother, Doralice, could experience all the delights and difficulties of bringing up a baby – schooling, playing, games with her little friends and the birthdays parties. Everything went as expected for this middle-class family in Sao Paulo.

Two centuries before, the same Sandrinha used to go to the Mediterranean docks, from one port to another to escape restraint, but she was always looking for love affairs that gave her pleasure and money.

She was assaulted and victim of abuse and aggressions of all kind. With the money she raised by selling her body, she paid the inn where she lived decently, bought clothes and jewelry, but never thought of saving some money. In this worldly and dangerous life, she ended up by getting involved with Jonathan that uses her and ends up by making her an accomplice of a brutal crime, when they murder the priest of a church that Jonathan decided to steal.

Soon, the French police found them. On leaving prison she is frail and sick, and is taken in by a charity

hospital. There, she is lovingly welcomed by Sister Domitila, and affection grows between them and lasts for several years, and the good-hearted Sister of Charity managed to get her a job at the hospital's cleaning department.

Now, in Sao Paulo, Sister Domitila is Doralice, today's adoptive mother, who went to fetch Sandrinha at a countryside orphanage. The Divine Mercy provided a new opportunity so that this woman could progress, a Spirit in a female body, who was tempted and gave in to the worldly pleasures of Europe.

However, the pressure of the past is strong, and we accumulate debts that demand redemption.

Jonathan is also a Spirit that has a bond with this group and needs to be recovered. Today, he studies at the same University as Sandrinha. He studies to become a journalist, while she studies to become a nurse, thus recalling the passage she had at the hospital in France with Sister Domitila.

However, the youth of today has freedom, but no commitment, and they venture on a path with no return. And it ends up that Jonathan seduces Sandrinha to use drugs. Ten years later, Sandrinha runs away from home, and gets herself involved in small thefts and on several occasions, she was detained for questioning. Meanwhile, Jonathan was murdered by drug dealers. Life has no happy end, if we do not program ourselves for that purpose, or if we do not build our own path towards happiness.

Sandrinha is back to the pier - now she knows

Santos, Vitoria and Manaus. Sister Domitilla, already in the Spiritual Plan, requested permission to return as Sandrinha's daughter, even though in an unplanned pregnancy, and is awaiting permission from Spirituality for this other effort of maternal charity.



## **The hurdles of life**

### **The burglar**

A young Brazilian in Europe is mistaken as a burglar and taken to prison and he will stay for a few years in jail.

In early 1745, a young and violent criminal assaults and mistreats his victims in several European cities. He is wanted by the police, and he seeks refuge on a ship that is sailing to Brazil.

Several generations go by, an incarnation after another, until our young man is reborn to a single mother in the suburbs of Rio de Janeiro. The mother's poverty does not allow her to bring up her child, and having met a foreign couple, who is looking for a child to adopt, she gives them her infant. That's why our young - and old burglar evildoer in the lands of Europe - is back to pay his debts according to the law. His previous crimes are being punished three centuries later.

### **The bees**

Madam Fanny did not open hand of her right to the inheritance regarding the French palace that her father was going to leave her. She and her younger brother had legal rights to the property. However, her greed leads her to commit this hateful crime. With a small drop of a

powerful poison she kills her brother not leaving any suspicions.

However, the hurdles of life make them return, and once again they are brother and sister. Now, it is in Minas Gerais, where Fanny works hard with her husband with the purpose of changing the farm into a rich cattle ranch. It is a hard life with no rest, dealing with the harshness of the land and the difficulties of imposing discipline onto the rude farm workers. Time passes and she is married for nine years, and has no children. The same younger brother, who lived with her in France, now lives with her too in the same farm.

Unexpectedly, Fanny becomes a widow and the farm now belongs entirely to her. However, the debt to the Divine Justice can no longer be postponed. A calf runs away from the pasture and with the help of the farm workers Fanny decides to go and search for it. In the woods, without seeing it, she knocks down a bee hive and is at once stung by a bee on her neck and the poison in minutes causes a strong allergic reaction, killing Fanny instantly.

The farm San Antonio, nearby Frutal, becomes property of Fanny's only brother, who now is the sole owner, therefore recovering the inheritance he had lost in Europe.

## 8

### **Prolonged coma**

#### **An accident, Sao Paulo – 2003**

Jose Francisco is riding his bike with his daughters and does not realize that the avenue is getting full of cars. Trying to warn his girls, he ends up neglecting his own safety and is hit by a truck. He was quickly taken to hospital, and he suffered a head injury and is in a severe coma in the Intensive Care Unit of a public hospital.

He spent 15 days there with no improvement in his health conditions. The family visited him at the hospital, and their suffered to see a beloved relative in this situation.

#### **The other side**

The accident causes Jose Francisco to completely lose his consciousness for eight days. For the doctors he still appears to be in a coma, when in fact he can already perceive sounds and images around him. Everything is very strange. He gradually realizes that he is bedridden and under constant care and he is also aware of who is there taking care of him. He discovers that he actually lives in two situations: sometimes he is confused and sleepy in his own body and other times he is out of his body, in connection with another reality.

When his relatives come close, he feels all the emotion they express without words. He wants to cry with them and to tell them that he is alive. He knows that they are crying and hears them breathe heavily.

### **Diamantina, Minas Gerais - 1890**

Two adventurers follow a trail accompanied by pack animals. They carry two bags with emeralds that they dug from the cracks of a quarry. As evening falls, Jose Francisco, who is on his watch shift, starts planning and ends up by killing Tonico Rosa, his mate. He now is going to enjoy for a lifetime the fortune he will receive by selling the emeralds in the city.

### **The revenge**

Tonico, now living outside his body, never let Jose Francisco in peace. More than a century later it is he, who is there at the time of the accident with the bike. And this is the torment that makes Jose Francisco think about in the ICU.

The doctors have no explanation for what happens. Jose Francisco begins to suffer convulsions and this increasingly aggravates his coma.

### **Finally, justice**

Our Tonico Rosa was a native of Cruzeiro do Sul and was in the city of Diamantina looking for wealth, when his life was cut short by Jose Francisco's ambition. On that occasion, Tonico left a helpless widow and a newly born daughter - Valerie and Victoria.

### **Returning to Hospital**

Tonico continues attacking the brain of Jose Francisco, and the convulsions continue. Visiting time arrives and Jose Francisco's two little daughters walk into the room to visit their father. They are Valerie and Victoria that the Divine Justice put in his home so that they could receive back the heritage to which they were previously entitled to.

### **Redeeming the spiritual balance**

As soon as they were recognized as his daughters of Diamantina, Tonico Rosa weeps convulsively. He slowly renders to the appeals of a noble spiritual entity, who takes him to an educational institution in Spirituality.

## **Family commitments**

Old Antenor, 80 years old, does not walk any longer. Forced to stay in bed, the family has to take turns to care for him day and night. Changing diapers constantly, bathing with difficulty, feeding probe that is to be kept clean and clear, not forgetting the medication schedules and daily supply of food and supplements.

New facts every day: vomiting, lumps in the urine, coughing during early hours, sudden fever, tremors and whole sleepless nights – then there is blood on the diapers. Right now the night caretaker calls to say he is not coming, the doctor will come next week, and tomorrow is the day to collect blood for testing.

After two or three months, the family still had hopes of an improvement, but today three years have gone by fighting this unpredictable routine - the same concerns that let no one sleep or rest, or to comply with the constant surprises that no one ever dreamed of passing.

New and difficult words were now learnt at home in a hurry, as in a wholesale - a medical dictionary naming every detail: bradycardia, phlegm stopper, venoclysis, intracate, parenteral feeding, bladder drainage, leucopenia, central fever, apnea, pulmonary crackles, thrombophlebitis and mydriasis.

In the family of Mr. Antenor all are, in one way or another, prisoners of events and needs. Gradually, among the members of the intimate family, one can see the signs of each one's personality – which manifest themselves in known behaviors - tolerance, rudeness, insecurity, jealousy, contempt, motivation, indifference.

Religious commitments and philosophical concepts are revived - "we need to keep our faith", "we will keep up with it", "let us leave it in God's hands", "I do what I can", "I never stopped praying", "not to muddle is already helping", "let us leave it to Nature".

Antenor's family has lived a collective experience for three years. Moral values were rescued, petty differences are overcome, emotional ties are reinforced, and selflessness and personal sacrifice are reaffirmed.

While many try to live better and better, they learned to prepare themselves spiritually for a better death.

## **Building a destiny**

### **The Gerb family**

Descendent of Germans, and a farmer in the state of Parana, Mr. Leopoldo Gerb has a dream. He hopes that one of his children can overcome this hard life of the field and "becomes a doctor." The planting, the dairy cattle, and pig keeping, force - him, his wife and their four children – to rise up early in the morning, working hard the whole day and just having some relief when they rest at night, or on Sunday morning, when they all go to church.

Old Mr. Kupp, Leopold's father, is bed ridden. His elbows and heels are very swollen, because he has gout, his diabetes is difficult to control and his blood pressure does not come down. Since he came from Germany he suffers from a chronic problem on his spine.

### **University**

Ralph, the youngest of the Gerbs, makes the family dream come true and obtains a medical degree at a Medical Faculty in Curitiba.

Then he immediately joins a group of colleagues and they open a sophisticated clinic for all types of surgery.

From there Ralph's personality has an opportunity to be revealed. He is now authoritarian, demands strict



discipline from the employees, charges his customers mercilessly, demanding high prices in minor procedures. He accumulates money more and more.

He is always on trips to medical conferences and claims lack of time when someone suggests he goes and visit his old grandfather and parents in the former country estate of the family. The dirty hands of his brothers and the lack of comfort at his parents' now bother him very much.

### **Reviewing commitments**

A plane crash hastens Ralph's disembodiment. A man without religion and no time to think about life after death is surprised by the dramas of conscience, which will afflict him for nearly a decade in the landscapes of the "Umbral".

There he does not know where the voices that accuse him come from. How can these strange people know so many details of his life? What right do they have to accuse him of exploiting other people's misery and abandon patients, who refused to pay what he asked for?

### **New paths**

Hospitalized in a spiritual colony in the vicinity of the dark region, the Umbral, where he went through his moral suffering, Ralph starts a psychological treatment that includes a review of his karmic commitments.

In a previous existence he had been a severe military, demanding and violent, but due to family

appeals, he was brought to the Gerb family with the commitment to use medicine to restore lives that he had destroyed in the war.

That's why we saw Ralph having the opportunity to become a physician at the Medical Faculty in Curitiba. It is not easy to any Spirit to fulfill the promises signed in Spirituality and overcome his previous and accumulated tendencies in many incarnations.

Often, we aggravate our debts, and we do not accomplish our plans and once again postpone our ascension.

### **Redemption**

The Divine Mercy once again grants Ralph a second chance to overcome his spiritual weaknesses.

Reborn in a suburb of Londrina, when he was three years old, he had an allergic shock in the application of a vaccine.

Today, with severe neurological consequences, he cannot speak or walk.

His mother drags him in a cart begging on the street.

It is curious to note that everyone that approaches him is surprised by his beautiful features and piercing eyes. What secrets are in this child's soul?

### **Homework**

The ambition for money and material things enslaves us in this world. There is no way to serve two masters at the same time, so Jesus teaches us that before coming

to Him, we must free ourselves from our material attachments.

## **Disencounters in Saint Anastasius**

Inland city, the family has come together to celebrate little Renato's birthday. All the kids are running and screaming as they do in all birthday parties. He is now 8 years old, has a good health, is a good student, and lives more with his grandparents, who take care of his education, since his parents are entrepreneurs and their professional life occupies them. They do not have time or energy.

Renato's parents, Roger and Marina, met at a postgraduate course in company management. He already had a previous marriage, and is a father to Humberto, 23 years old, a law student, who has little contact with his father.

During the party, the phone rings and Roger is hastily summoned by his ex-wife, Ruth, who tells him that Humberto suffered a car accident.

He cannot delay, even though he knows he is upsetting Marina. She does everything to keep Roger from going, but he takes a cab and goes to the Hospital where he finds Humberto.

### **Memories of the past**

Roger and Marina's wedding only became steady after the birth of Renato. With the baby's arrival,

husband and wife are more committed and Marina's jealousy is less now. She never accepted that Ruth, although distant, imposed that Roger ought to be responsible for Humberto's education. Ruth insisted that, despite their separation, Humberto was also their son.

Marina was inflexible, and did not allow Roger to bring Humberto into her home, especially after the birth of Renato. Even though Roger praised his son by telling his wife that he was polite, very friendly with everyone, a gentleman, and was curious and would very much like to meet both, she did not accept it.

### **A drama in Italy – 1904**

We are now in an Italian inner city, closed people, stuck to religious traditions, very conservative in their family habits. Any foreigner was looked at with a lot of reserve.

Our same Marina lives there, and she always accompanies her Family in their religious duties and when they go to Church. The same Humberto arrives in the same town, and she is enchanted with him. He is a handsome young man, educated, philosopher and a student of law in the city of Coimbra. He had left his wife and a daughter to try life in Italy. He was actually passing through the small town where Marina lived. The passion between the two grew like a wildfire on dry grass, and nothing could control this.

Vows of eternal love were made by both of them as do all lovers. Without any possibility of revealing their passion, the two attempted an escape from Italy.

Inexperience, however, did not allow them to succeed in their escape plan. Discovered, Humberto is killed, dying in Marina's arms, bleeding to death. Marina was sent to a religious institution in Switzerland and there was no more news about her.

### **Their encounter was postponed once again**

The young Humberto had not met yet his beloved Marina, who is now married to his father, Roger. They could not be together in ancient Italy and now the Architect of Life found a weird way to reunite them. Marina had resentments, grudges and jealousy, and therefore, she did not even want to see him. Life will have to wait again for another opportunity to bring them together.

## Disencounters in France

### Reuniting affections

The French revolution triggered intrigue, separations, hasty judgments and deaths. Jovina Dalamber and the young military man, Andre Vieux, were promised to each other. In July 1791, military commitments forced him to move with his battalion to a region at the border.

Unexpectedly, Jovina and her family were included, without due cause, in the list of those looked for by government forces. Fleeing from the terror, with the help of friends, they managed to get a ticket on a ship that brings them to Brazil.

When Andrew returns to a military quarter nearby Paris, he finds no one at the Dalamber's. In the neighborhood, he recognizes Monique, a young friend of Jovina, who, seeing that her way was free for her loving designs, hastens to break the news making Andre believe that Jovina had told her she was interested in another young man, who lived in a distant land.

In 1906, on a farm in the interior of Sao Paulo, a couple owns the Fazenda Capim Dourado (Golden Grass Farm). They are sitting on the balcony looking at the sun coming down softly. They talk about their 9 year

marriage with no children. What would be of those lands without an heir? How would their old age be without having with whom to share joys and concerns?

Among the shouts and chirping of the birds seeking for shelter at night, echoes the call of someone calling for help. It is a poor woman, who is about to give birth to a child. Who is she? Where does she come from? How did she get up there?

There is no time to lose. She is taken indoors, the maids run to help, and little Jovina reincarnates in the arms of Monique and Andre, the couple of farmers, now reunited by commitments that were previously postponed in France.

### **Homework**

Andre Luiz teaches, "All problems, created by us, will not be solved except by ourselves."



## **Disencounters of fate**

### **Doctor on duty**

William, 32, was born and raised in an inner city where he is known by all. He was known as a flirt, young and good looking, a smooth talker, lived an easy life, which his parents provided.

Today he is known as Dr. William, and is the Director of the Santa Casa. He is an obstetrician, who does three shifts a week at the maternity ward.

During that night's shift, Zoraide is hospitalized. She is in her early twenties. She submitted to prenatal care and informed that she lives in the streets, has no fixed address and lives from others' charity. Despite lacking self-care, she has beautiful features. Therefore, she is chased by unscrupulous and disrespectful men.

### **Childbirth**

Early hours of the morning, Zoraide is in the delivery room and waits for the presence of Dr. William. This very moment, he gets a call and takes a while talking on the phone. By the time he sees Zoraide, she is already in a critical situation. He hastily performs a caesarian, but Zoraide dies in the delivery room.

The child becomes the sole support of Dr. William, who, from now onwards will accompany her for many months. The baby was given the name of her mother, Celeste. There was no surname in her mother's papers.

Dr. William's wife suggests they adopt the baby, but bureaucracy hampers and Celeste is forwarded to a family in Guarulhos.

### **Celeste's memories**

Fifteen years have passed. Dr. William now lives in Sao Paulo, and is separated from his wife and suffers from chronic depression that resists to several drugs and psychiatric treatment.

At the suggestion of colleagues, he goes to consult a Spiritist doctor, specialized in performing regressions that exploit references about past lives.

The first two months of therapy follow a traditional rhythm with mild dialogue and without further commitments. Gradually, having established a certain level of empathy, Dr. William indulges in reminiscences that slowly show him suggestive episodes of other previous incarnations. It seems that our William was a young aircraft pilot, and a reckless ladies' man. He has a quick affair with a country girl and she gets pregnant.

Helpless, she makes use of herbs to induce abortion and suffers a terrible death, poisoned by the drugs. Dr. William breaks down in tears, when he identifies then that Celeste is this girl, and becomes aware that he had lost the opportunity to redeem his debt towards her, when she came into his life as the daughter of Zoraide.

The common man has a limited view believing that an easy solution will solve his spiritual problems. Most of the time, we commit to each other for several lives, one after the other, spending centuries in the redemption of our spiritual journey.

Let us ask Jesus to protect us, even though we may not deserve it yet, so that we do not waist our moments of trial.

## Test of full emotions

Roger and Adelaide organized a simple wedding to celebrate their union after a happy and loving engagement. Both had the same tastes, in their outings, in every detail, preferences and the smallest desires - nothing seemed to threaten the charm of that passion. Two years later Roger gets a job in a government office where he meets Janet - married, mother of a troubled young man, who was a drug addict: Bruno spent his days using drugs, did not study or work, until one day he dies at the entrance of an emergency room. Janet marriage goes from bad to worse and she, on favorable occasions, tries to seduce Roger. However, he does not give in and maintains his moral principles.

For the couple's delight, Adelaide is pregnant of Leonard. At the very end of her pregnancy there are some alarming signals – Adelaide's blood pressure rises to a very high level and she has eclampsia. She is quickly taken to hospital, but, Adelaide and Leonardo, both die, leaving Roger in great suffering and despair.

Janet forces her separation and once again tries to seduce Roger. He was emotionally unbalanced, and lacking vigilance, ended up by having to commit to an unwanted pregnancy – a child, severely retarded, is then born – Bruno is back.

Roger is a good character man, and so he accepts this ordeal and invests his time and care in a multidisciplinary treatment for little Bruno. Five years later, Janet shows signs of a serious schizophrenia, and has to go to hospital. They give her heavy and strong medication. This affects her chronically and she, therefore, cannot leave the psychiatric hospital.

Cynthia, a young and talented lawyer, goes to look for an important document and meets Roger in his governmental office. Hence, new encounters resulted in a growing mutual love that joined them forever. For Roger, Janet was an unbalanced woman, and he would not abandon her. Bruno was, no doubt, a child with problems, and he felt it was his duty to look after him, and now Cynthia was a new opportunity to have the peace of mind he looked for and he never had.

Four years later, Cynthia gives birth to a little princess, the same eyes of a loved and known person to Roger - Adelaide was back.

There are thousands of lessons like these referring to parents.

## **Between the farm and the hospital**

### **1820 - Rio de Janeiro**

Following the pioneers' tracks, Diogo Santoro, heir to a very big family's fortune, settled in Rio de Janeiro in order to attend the Court, where he bought his title of Baron.

Assured of his properties and possessions, and proud of his nobility, he bought an old sugarcane plantation and thus, he began his empire. There, he was the sole authority deciding the fate of the farm workers, who were considered at his pleasure incompetent and disobedient.

Jovina, an elderly servant, working in the kitchen, drops and breaks the dishes. He has one of her hands burnt with boiling water.

Manoelzinho, a farm worker, is neglectful and two cows break their legs out at pasture. The Baron decides that Manoelzinho will suffer the same punishment.

The slave called Ditinho is lost in the woods. However, the Baron thinks he ran away. When they find him, he is sentenced to fast for seven days.

An Indian is caught stealing corn cobs and the Baron has him drowned in the pen.

Broker Soares comes to the farm to receive a provision of the notary and the Baron orders that he be mugged on his way back to Rio de Janeiro.

### **1860 – The Santa Casa (Public Hospital) in Rio de Janeiro**

Diogo Santoro is in the Hospital, in the ward for poor people. The old farmer did not resist the continuous Empire's economic crises, and his farm went bankrupt. Now, suffering with pain in his back, of shortness of breath, and having gone through several heart attacks, he has no peace.

## Self-examination

Andrew Bulhoes talks to his friends in a relaxed environment, and he emphasizes his personal requirements. He does not abdicate from his strictness in complying with all legal requirements without tergiversating. He does not accept any type of corruption, makes no shortcuts in his conduct, and rejects privileges under any circumstances. He does not agree with the Brazilian way, which he considers true social cheating. He tries to fulfill his duties towards everyone, as a charitable Christian, however, not accepting abuse from anyone.

The following day, he gets up and rushes to work. Just as he is leaving, his wife asks him to wait, because she has an order for him to deliver at a nearby store. Our Andrew complains and sputters, leaving his wife almost speechless.

Still in the traffic, the flow of vehicles stops and Andrew discusses with the cop, who, in turn, asks him for his documents.

When he arrives at his office, he sees a depressed looking old man waiting for him. The old man once again asks Andrew to forgive him for not having yet paid the rental of the property located to him by Andrew.



He tells his secretary to inform the man that the case has been sent to court for payment and there is nothing else he has to say to the old man.

At lunch, there was a power failure and he shouted with the elevator operator, who asks everyone to keep calm in such an emergency.

At midday, his secretary informs him that the mechanic has not yet repaired the car that his son Andrew had hit. He gives orders to contact the Procon (The Consumer Protection Authority) to denounce the mechanic.

Soon after, he is visited by a group of friends asking for his support regarding a charity dinner to raise funds for a home for addicts. He leaves them all embarrassed, when he makes unpleasant and aggressive comments referring to addicts.

In the evening, at home, his wife hands him the mail. There is an invitation for him to receive a tribute, as an exemplary citizen, granted by the City Council. For this purpose, they want to publish a summary of his personal victories, his life, and his benevolent deeds. Andrew Bulhoes begins to think about how he behaved that day. What a disaster! How he acted totally contrary to his principles!

### **Homework**

We are always very indulgent about our shortcomings and overvalue our qualities that only we see.

## **Weakening our spiritual protection, and attracting lower entities**

Marlene and Rosinha are chatting on the phone. A comment here and there, and Marlene begins to gossip about her neighbor, Genilda. She talks about her clothes, her bad taste with her house, even about the color of the curtains, her arrogance at parties and going on with the gossip she says that Genilda's mother is schizophrenic, always hidden at home, or at medical clinics. The two start to mock and make a fool of the poor woman.

The two became spiritually linked to slanderous gossip.

They both have nice organized families, hard-working husbands, children attending school, and they don't have lack of financial resources. They did not realize that their previous good behavior had been under spiritual protection. Entities linked to brotherly love accompanied and protected the two families in diseases and all the other difficulties that everyone faces in life. However, they have just committed to Justice and Divine Ethics. They have opened the doors to lower entities. These entities also gossip and mock, just as they did. They are now vulnerable to receiving their change in the same currency.

One of these days, both will fall victim to public scorn at a family party. They will swear innocence and complain of injustice.

This also happens to those, who in several areas of our lives do the following:

- The boss, who harasses his employee.
- The boss, who belittles the maid.
- The partner, who steals from the firm.
- The corrupt politician.
- A woman, who becomes vulgar.
- The husband, who does not respect his home.
- The student, who swindles school rules.

Each slip, or disrespect on our part, regarding our neighbor, weakens our spiritual protection, voiding our defenses against the harassment of obsessive entities, which become entitled to do to us what we do to others.

## Small texts about Chico Xavier

I think Uberaba was taken by surprise when Chico Xavier moved from the city of Pedro Leopoldo to our city in the early 60s. My father worked as a builder to accommodate Chico Xavier, the medium, in his first house in the vicinity of the airport. It was a wild place, hard to reach, without transport or proper light. Even so, we went to visit him and chatted, listening to his stories until dawn.

We were three people saying goodbye to him, my mother, myself, and a lady, whose name I do not recall. Chico holds us back, sits beside a small table and asks us to read a passage of the Gospel before we leave. Facing the darkness of the place filled us with fear. Opening the book, Chico reads, "do not throw your pearls before swine".

The mentioned lady makes a quick comment and my mother asks Chico, "Chico, what is your opinion? What did Jesus mean in this lesson? Are there people, who do not deserve to receive the lessons of Jesus? He then answered: "Listening to Emmanuel, he teaches us that for everything there is a right time; to talk about the Gospel to the one, who suffers in the desert, makes no sense; that moment, what he needs is water instead".

The medium then surprises me, and he looks at me and says he wanted to hear my opinion. I do not know where I got that version for the biblical text: "Chico, Jesus and Emmanuel forgive me, above them is God, who sends us to Earth in the lap of a mother. You can check at the entrance of the prisons, they are always there.

The rebels, criminals, evildoers, the social ill, are all to blame for the evil that they have spread. Still, those mothers swear they are innocent. They say it was because of a bad company, and that it only happened that time, that deep inside they are good, and that we should allow them to go back to their mother's lap".

At this moment, no one held the tears back. Chico, holding my hand, said that 10 years had gone by without him receiving a spiritual visit from his biological mother, and there she was now inspiring us.

## **St. Vincent Hospital - first interview**

### **In Sao Paulo**

Maria Margot is in the women's ward of the psychiatric hospital. She is 32 years old and this is her fourth hospitalization this year. In St. Vincent Hospital works a lady psychiatrist, Dr. Carmen Biase Jimenes, who has accompanied Margot for the last 15 days. Margot will once again repeat the same story filled with emotion, embarrassment, guilt and despair.

When she became 16, she began to sleep badly, did not study, she had no interest in looking after herself, she did not comb her hair, did not clean and tidy her room, and gradually, one by one, her friends left her. Her parents could not make out what was happening to their daughter. When alone by herself, Margot was involved in torturing thoughts that made her terribly uneasy.

She began reporting to Dr. Carmen her ability to make premonitions. I believe that for any of us this might seem simple and even interesting. Who would not want to know what is going to happen in the near future?

However, Margot knows anticipates if a relative is to arrive, or if a friend will be involved in an accident, if a classmate will become seriously ill, and this disturbs her

and she suffers until the facts are confirmed without major consequences. Some years have passed and these premonitions continue to bother Margot. Dr. Carmen makes notes of everything and marks their next conversation for the following day.

## **St. Vincent Hospital - second interview**

### **Premonitions**

Dra. Maria Carmen Biase heard Margot patiently, recording her premonitions and the suffering they caused them. In the opinion of the competent psychiatrist, these images are just fruits of great anxiety that accompanies Margot throughout her life - her thoughts were rich in stories, fantasies and dramatic events. The premonitions that sometimes matched future events were assumed by Margot as if correct. However, the competent psychiatrist rejected this hypothesis.

The patient has more to tell: she enrolled in a History course at the University. She used to spend her days reading the books in the library about the revolutionary movements in Europe, especially those that took place in the eighteenth century.

### **Hallucinations**

Margot was going well in College when new phenomena began to bother her again. When she approached certain colleagues she seemed to feel surrounded by "many shadows of faces." At first she thought it was due to her being so tired and to so much reading, but then she noticed something interesting: the occurrences were selective – they happened only with



people who seemed jealous or aggressive. Everything began with a strong feeling of tiredness, muscle pain, sometimes she seemed to have fever, spots on her body and, suddenly, came the visions – they were fleeting faces that appeared in front, at the back, and on her sides, who came and went interrupting the conversation between her and her colleagues. As time went by, she also saw herself in dreams going through the same thing.

Sometimes Margot was taken to the Medical College ambulatory and was medically evaluated, submitted to laboratory tests and the physician on duty diagnosed: psychosomatic illness, hysteria, panic and immune-allergic disease.

## **St. Vincent Hospital - third interview**

The calmness of the first interviews is not the same. Maria Margot spent a very restless night - the old memories are coming to surface again. From the age of 23, Margot went through episodes of complete restlessness. Nothing went right, she lost objects and documents, forgot appointments, her behavior was weird and not fit to her cultural level, she was conscious of making irresponsible decisions and of disastrous consequences for her. She sold her personal belongings for ridiculous values, and had sex with unknown groups with a very high sexual risk factor.

Margot was no longer Margot. She was not the same. Never did she shout, but now she has no patience and reacts badly to friendly requests from her colleagues. Margot seems possessed, dominated by some strange thing, her personality is different. She says she is not an addict, and also says she badly recalls what she does outside. Her room is untidy, her clothes are worn, not mended, her hair, nails and makeup are no longer cared for a long time now.

At University, Margot argues with her teachers, defends strict penalties and punishments to correct the whole society.

This Margot only is back to what she was, when she receives her mother's help. They both travel to the country and within two or three weeks later, she returns recovered. This pattern, which disrupts her personality, was repeated with greater intensity, causing her hospitalization in psychiatric emergency clinics, as well as several goings to the police station. She was doped with drugs several times, and considered as schizophrenic or bipolar in the psychiatric records.

## **St. Vincent Hospital - fourth interview**

Sitting in front of Margot, Dr. Carmen Jimenez Biase reviews the psychiatric records of her patient. While hospitalized, the relationship between the two was the best, although Margot went through "emotional" crises. On these occasions, she was undergoing a dramatic change, even her features changed, became aggressive, arrogant, with ready answers, self-possessed. And she did not realize her untidiness, the wounds on her body, which she did not know how they had been done, the dark circles around her eyes and a dry mouth. She would spend a whole day without eating and sleeping. She was in a state very similar to the manic bipolar outbreak.

In short, Dr. Carmen had noted in her medical records: schizoaffective disorder.

Margot started very young to have frequent premonitions - several were confirmed, but the academic rigidity of our psychiatry did not easily accept these coincidences. It became very clear to Dr. Carmen that these sensations were extremely painful and stressful for the patient. It caused her a psychological torment, very hard of being supported.

When attending University, Margot develops a hysterical hallucinatory disorder – she starts having visions and subjective feelings of antipathy towards

certain colleagues. She described visions of fugitive faces that terrified her - they were characters in a film that threatened her.

Then followed the delirious outbreaks in which Maria Margot's personality seemed to change. From an intelligent and gentle person, she becomes domineering, demanding, deliberately sloppy, reckless, irresponsible, and involved in police occurrences.

On these occasions, she was rescued in the psychiatric emergency shifts, and diagnosed with schizophrenia or manic episode.

Dr. Carmen had difficulty in establishing a diagnosis: how to justify premonitions, visions of faces, and a radical personality change? It was a very rich phenomenology, but confusing for a psychiatric diagnosis. That's when the doctor decided to ask for the help of her colleague, Dr. Joel Munhoz, a specialist in hypnosis. The patient, in a way, was seriously affecting her doctor, and without knowing why, Dr. Carmen was starting to be emotionally unbalanced in front of Margot...

## **St. Vincent Hospital - fifth interview**

### **Hypnosis**

The three seats are close, comfortably accommodating Dr. Carmen Biase, Dr. Joel Munhoz, specialist in hypnosis, and Maria Margot, who is going to be induced into a somnambulistic trance.

Calmly, Dr. Joel begins by rescuing her childhood memories. He clears episodes that may represent for the child a moment of terror, distress, significant losses, aggression, harassment, abandonment, rejection, insane jealousy, feelings of persecution.

Margot is very receptive to Dr. Joel's suggestions and is not afraid to open up, collaborating in the descriptions of scenes that were in her memories. She herself is surprised at the wealth of details that she could tell as if narrating a film. But in the beginning nothing particularly stood out in her accounts.

Any comment would be needless, because soon after Margo seems to fall into a deep sleep, her features change, and one gets the impression that she is being possessed and surprisingly begins to narrate in a hoarse and murmuring voice events occurring in Europe.

### **In Europe**

She is in Paris in the midst of the turmoil of a

revolution, the persecutions are violent, few families were spared - the reign is falling apart. A film seems to roll backwards - she first sees a filthy hovel, dirty, and now she is being beaten by strangers, who call her a traitor. Everything is dark and there is no way of knowing where she is. Slowly she remembers the names of old friends. By giving their names to the rebels, she got a pass to flee from Paris.

Earlier, while busy preparing the carriage that will take her to Venissieux, nearby Lyon, a desperate lady knocks on her door. She is accompanied by a 12 year old girl. Her mother begs her to take the girl with her, away from Paris, fleeing from the rebels. In Lyon, an aunt will receive her and take care of her education in a convent school. That girl is Carmen, her only daughter.

The session ends there. Dr. Carmen, Margot's psychiatrist, is the same Carmen, the girls saved during the French Revolution by Margot, and the patient's torments are connected to the victims she pointed to the rebels...

## **Dimas in the queue at Chico Xavier's**

Before the meeting began, Chico attended one by one the people that were in a queue in front of his desk. It is curious to note that there in Minas Gerais nobody is in a hurry. Anyone can claim a time issue and move ahead. What everyone really wants is to see Chico, even at that distance from the queue. The next day each one has some story to tell, they heard this or that of the medium, a revelation, a message, a special gesture of affection.

I always say that one thing is to speak about Chico at a distance, and another is to be near him and feel the spiritual vibration surrounding him, and enjoy listening to his stripped down comments.

My university colleagues knew that I was Spiritist, and Dimas came to make fun, mocking and saying: "The whole thing is a lie, tonight I will throw stones on the roof of his house and tomorrow they will say that there was a Spirit trying to communicate.

I told him, "Dimas, at least go there and meet Chico, himself".

Dimas was a medical student coming from a city called Triangulo Mineiro, nearby Goias, and, therefore, a humble stranger in Uberaba.



So, why not go and see Chico? And one day there he was standing in the queue.

It was very rare for this to happen, but this time it was witnessed by several people, and they saw Chico making a sign for Dimas to approach. He said to Dimas:

- My son, your teacher Adelaide enchanted me by her beauty, her fair complexion, blond hair, and she is telling me to let you know that you must not worry about your mother's illness, because the medical exams she has gone through in Belo Horizonte are normal.

It is impossible to describe Dimas reaction, his astonishment!

Things like this were common there at Chico's...

## **The farm paths**

### **There on the farm**

The coming and going of the farm workers, the trips of the corn wagon, the dairy truck, the mules bringing the orders from the city, marking the soil and opening paths.

Years passed and still today, to go from one side to the other, we still follow the same old tracks. We stumble on the same stones, climb the same cliffs, we surpass the water shafts, and hurt ourselves by falling in the same manner.

### **In the brain of a baby**

It is filled with neurons. When his mother sings, his little brother throws a ball, the teacher teaches him how to paint, he sees children playing on the TV, or his father takes him for a drive in the car - every new stimulus, a set of neurons is mobilized, and networks of neural connections are created.

### **The effects of stimuli**

Repeating the same tasks, there will be a tendency to the same network of neurons to respond to stimulation. "Neurons that trigger together today tend to trigger together in the future". This is the essence of

learning. Freud would have loved that statement, proposed by Donald Hebb in 1949.

A child gets a fright with the noise of a toy. When he grows up, he no longer remembers the noise, but rejects picking up the toy without knowing why. That set of neurons that the child stimulated on the first occasion reproduces the situation when in the future the same stimulus is repeated - the same network of neurons is mobilized. It's like following the same paths of the farm.

### **Our fears**

The fear of rain, the difficulty to drive, the anger towards the sister-in-law, the nausea caused by food, the sadness that some special music causes, are repetitions of the same networks of neurons that in the past we built for ourselves.

This type of memory is linked to our "implicit memory", and it does not require the participation of consciousness.

Briefly, we can say that our experiences of everyday life are developing behaviors and generating emotions regarding each image that life presents us. Images, behaviors and emotions are always together. I often say I do not like so much the city where I was born. What I do really like are the memories that some places awaken in me.

### **The body speaks**

This type of memory (implicit) refers not only to external situations. Experiences lived by our body will

create neural connections that are today responding to a stimulus and in the future will repeat the same pattern. The warmth of hugging a child, or the violence in a spanking, also leave marks on the body.

The way we react today to the pain of a fall, an injection, to the cut of a surgery, the weight of a sore back, has a lot to do with our story in childhood. Our future is more or less written in the networks of neurons that were built yesterday and today.

## **For those who like medical and life stories**

### **The little church of Santa Rita**

Uberaba is called "the city of the seven hills" and on top of one of them, from where you can see the Mercadao (Municipal Market), Saint Rita was honored with a small church built with the simplicity of our colonial period.

On its little staircase, I was once caught courting Maria Joana, our chief surgeon's nurse. These are things we do when we are only 20 years old. We were then at the end of 1960.

### **The Children's Hospital**

I want to stress that it was the first children's hospital in Brazil, built by the Rotary Club, to which my father belonged.

As we leave the School of Medicine, we walk a few blocks, go up to Saint Rita's Church, and we finally arrive at the Children's Hospital.

I was there, enjoying my holidays of the second year of College. My father wanted me to become a pediatrician, but that Thursday morning, a classmate of mine, "Pepinho", took me to St. Joseph's Hospital to watch the surgeries. We were in the medical room, when the head-nurse entered and informed that Dr. Guerra,

the neurosurgeon, would need an assistant to operate a 3 year old child. I did not realize that all the students left the room in a hurry, and I was left by myself in the room.

### **St. Joseph Hospital**

I had the shock of my life when, half an hour later, Dr. Guerra and I were alone in the operating room, preparing the child for an operation - an operation that would last 15 hours, and only then did I understand why everyone had fled from the doctors' room. It was a tumor in the cerebellum. The patient would have to be operated lying on its stomach.

Gasp! At that time there was no anesthetists. Dr. Hirogi and Dr. Wandir, both general surgeons, came to take turns in the role of anesthetists.

Neurosurgical work is meticulous, consecutive hours working on one single point of the tumor. The hours pass and we no longer feel our legs, our back becomes dormant, and we see nothing on the sides, since our eyes are only focused on the bleeding vessels. Late at night, the blood bank was already closed and the child needs more transfusions.

Do not be amazed, by what I am going to tell you. The two students, Ivo and Hiroshi, were called from the night shift. One at a time lay on a stretcher beside the child and with a German syringe the blood was aspirated from the student and pressing the syringe that blood went to the little girl's vein.

High dawn we finished the surgery, and were exhausted. I wanted to lie on the floor. I did not even need a bed. I asked them to just give me some time to rest my legs.

Impossible to forget this strenuous experience and the lesson we learned with it. We relaxed and let the anesthetist take care of the patient, who at that very moment suffered a heart failure and died in front of us.

I spent the rest of my life struggling to push this death away from the patients I operated later.

## **Passport to reincarnate**

### **Preparations**

In the vicinity of the capital of the state of Minas Gerais, there is a spiritual "colony" where there is a group of candidates to reincarnate.

It is now three years of strenuous courses, behavioral therapy, review of past lives, option of dates, and choosing the family group tuned with the project of each candidate. The possibility of unexpected illnesses, unforeseen accidents and financial resources are also foreseen and taken care of.

In a way or another, the perispirit of each of these students carry the consequences of previous incarnations, where the work was less than expected, but in compensation, the abuse and shortages where in large numbers. Thus, their individual debt also requires to be taken care of.

The psychological work is intense. They all have to learn to master their fears, struggle to overcome their feelings of guilt, and repeat over and over the lessons not to repeat the same faults, and take hold, as soon as possible, of Jesus' guidelines.

Almost everyone, in a way or another, will have the opportunity to become acquainted with the Spiritist Doctrine.



## **Pre-selection**

Saulo Fernandes, a noble Spirit, outlining extreme serenity, will interview each one of them, listening to their requests and promises.

## **The candidates**

Terezinha Aguiar. She was a dancer in a nightclub, and went through a lot of humiliation and abuse. Now, she asks to reincarnate in the interior of Bahia, where there is great poverty, and she begs to be a simple washerwoman, like those who wash the rich families' clothes on the river banks.

Agenor Mariano. He was a humble pharmacist on the outskirts of the city and now has the opportunity to be a Health Officer in Belo Horizonte, the capital of the state of Minas Gerais. Saul talks about his fears and insecurity and asks the spiritual leader for a little more time for a better preparation. Coming back to Earth and facing its challenges is always a temerity, even for those who cautiously reprogram their reincarnation.

Consuelo Linhares. She is very upset and complains that she will not manage to cope again with all those children. After all, they did not let her have a better life in Belo Horizonte. They always condemned her for having left them with their grandparents and she cannot even think of putting up with children again.

Marta Constantino de Jesus. She is in a hurry. After all, her husband, Leoncio Amaral, has reincarnated and he does not know how to take care of himself properly

without her help. Who always took care of everything was Marta. She, in turn, requires a clearer definition of what will be her family. She will not manage to live in the same poverty she lived before she met Leoncio.

Jovita Cortez. She is also in a hurry. She suffers from a pain in her chest, her legs do not obey her, her head is confused and she wakes up startled. Who knows if a new body will free her from all these diseases! She does not know how she will get along with no slaves, since to pay employees with no guarantee of financial resources is almost impossible.

Claudio Jose Lobo. He was a priest in his last incarnation, and he was always seriously involved in love affairs. Today, he asks to be sent, when he returns to Earth, to a charitable children's institution, where he can learn with the orphans to value family.

Jose Barroso Coelho. An alcoholic requests the opportunity of a rescue in a ward where, since a child, he will be awaiting for a liver transplant.

Manoel Francoso. Without any control, due to drunk driving, he had a car crash and made several victims. He himself died trapped in the truck.

He now begs to be born blind and, if possible, to work as a physical therapist for the paralyzed.

### **Homework**

Making a note of each one's request, Saulo Fernandes gets up and repeats the Master's words:

"The one, who wants to come to Me, let him take his cross and follow me."

## Prisoners

Bandits, thieves and murderers are locked behind bars with long sentences to pay for their crimes. Four, five, fifteen years of suffering. Others, however, become prisoners of themselves.

Joao Macedo, still today, keeps the deed of the land he took from Mr. Candinho in payment of business debts. At the time, he was very cruel and did not give in, but he thought he should not soften in the defense of his personal interests.

The years passed very quickly and our farmer never ever heard of Mr. Candinho again, who dragged himself and his wife and children to the interior of Bahia to try and survive.

Sometimes, Joao Macedo felt bothered by a flicker of remorse that came to his mind, but now there was nothing else to do. Fifteen years have gone by now in this agony.

Mariana and Jacira were inseparable sisters. They married together and always kept a loving closeness. When one fell ill, the other would come and help. When one traveled, the other would take care of the nephews. With the death of their parents, it was necessary to divide the inheritance.

One's husband, the other one's husband, grown children interested in money, bills, the wish of improving their houses, taxes and lawyers, and they started to talk a new conversation different to the one they talked before only about things from home and about the former simple life.

A word here and there, misunderstandings, excuses, delays and agreements - all this increasingly keeps the two sisters away. Neither one side nor the other was happy with the sharing of their parents' property and resentments were sprouting and growing out of control.

Five years have now gone by, keeping both sisters trapped in disagreements, which never existed before.

Dr. Ronald, a lawyer, used to leave his office late. Patiently, his wife made their children bear the delay to dine together in the evening. There was time for a quick chat catching up with the needs of the home and the mischievous behavior of the three children of the couple.

They rarely had time for holidays. The rush increased and the number of clients grew and so did the delays. The boys, now teenagers, demanded a firmer pulse and the mother alone could not cope with it. This blend of hard work and a lot of family complaints disrupted Dr. Ronald's emotional control. And it is precisely when a young client looks for his professional help and tells him about her own distress and helplessness. What one speaks the other one compares with his anguish. Soon emotional exchanges begin and, as in many other similar cases, Dr. Ronald separates

from his wife without realizing the disaster that he causes inside his home.

Fifteen years later, suffering because his new wife was betraying him, he looks for his children, who he never saw again.

Here and there the human being weaves his destiny, taking steps never before thought of - however, they may make him a "prisoner" for a long time, leaving him waiting for new opportunities that Divine Mercy will charitably provide to his rescue.

## **Professor Sanvito**

He used to say that the best learning method is to "rub" your brain against the brain of those who know more.

It is a dangerous metaphor, since each brain has its own content and not everything that is in the other's brain suits us.

Dr. Sanvito has a unique talent to teach - the kind of teacher that holds the listener's attention. He is a neurologist of the old school of the Santa Casa (Public Hospital) in Sao Paulo, and who, like me, was acquainted and learned a lot about neurological examination with Professor Julian (considered one of the best in the world by Professor Gastaut Paris) - I was his assistant for 7 years at Unicamp and came to replace him in 1973.

On one occasion, Dr. Sanvito taught us about "The Neurology of the hands." Very few doctors would have the authority to speak for an hour about the neurological analysis of hand gestures, the paralysis of the hand nerves, their atrophy, congenital deformities, how genetics compromises them, their mild tremors that improve by the use of alcohol, pathological gestures, hysterical postures, tics, dystonia, the athetosis, when the hand wraps on itself, the choreas that make the hands dance, as if "milking", when they shake hands

with others. The hand that condemns, attacks, caresses, denounces, blesses and despises, or forgives, the hands of Eurydice folded in supplication before Gumercendo in a rage kills her.

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## **Professions and spiritual redemption**

### **The Doctor**

Dr. Silas is a thoracic surgeon and he is part of the medical team of a traditional hospital in Sao Paulo. He does two or three surgeries every day, opening heart and lungs. His journey is exhausting, but it's been like this for over 20 years with almost no vacation.

His present memory does not let him remember when he fought battles as a "lancer" in the battle fields in French troops. He tore open the chest of the enemy in the accurate handling of the spear. Today he saves people with chest injury.

### **The Teacher**

Mr. Armando Torrinha was a dedicated teacher of Portuguese and Mathematics in the town of Bom Jesus. Many young boys knocked at this door for preparatory courses. At that time there was an entrance examination between the Primary and Junior and many people ran to teacher Torrinha to help them improve their knowledge for the tests.

A few centuries earlier in medieval France, this same Torrinha taught children and young people into false begging practices.



Today, the teacher is a follower of a Christian religion and is an excellent teacher for teenagers.

### **The Engineer**

Dr. Ronald Silveira is an engineer hired by the highways service. He stays for a while in each city, leaving very little time for his family. He is always busy with new projects building bridges, deviations, clovers and viaducts.

In the long trips of the Spanish crusades Dr. Ronald commanded the overthrow of the houses at every battle his army conquered. Roads, bridges and houses were put to the ground. His opportunity of rescue is being fulfilled now in Sao Paulo.

### **The Pharmaceutical**

In the neighborhood of Mooça in Sao Paulo there is an old reliable manipulation pharmacy. This reliability was conquered by Mrs. Alzirinha with her tireless work. Mrs. Alzira saw to headaches, cramps, constipations, loose urine, bilious vomiting, back pain, sinusitis, indigestion, and kidney stones.

They were potions that did not require a prescription, but they did not fail.

Seven centuries went by between the Alzira we know today and the Dolores, who lived in the Spanish court. At that time, people went to Dolores for her to prepare pharmaceutical potions for dubious purposes: eliminate an adversary, attract a desired love, to keep

away a rival, to close a good business, to be granted special titles, and to get a good public job.

The suffering that she caused as Dolores in the past, now, at Alzirinha's pharmacy, changed into healing.

### **The Psychologist**

Father Damiaozinho loved a secret. In those days, in the city of Diamantina, what did not lack in the Church were confessions, scheming, and gossip.

And our priest loved to plant a seed here and there, or give a little stitch. He sewed versions and planted the facts with the text that suited him. Between a love affair and another, Damiaozinho judged and convicted. In political disputes he always preferred to be the listener's own party. In sharing inheritances, he would not allow the church to stay out. Today, a tall building in Belo Horizonte has a beautiful psychology clinic.

Dr. Nogueira studied psychology, became a doctorate in Barcelona and specialized in therapy for couples. He cannot explain why he has so many patients from Diamantina. He attended a couple, some relatives of the Mayor, and from then onwards his name spread in the city. With counseling, teaching patience and tolerance, he mends broken marriages.

### **Homework**

Andre Luiz says that "we are all ill, and in need of mutual assistance". In all forms of treatment, the therapist is the most benefited.

## **Redemption and salvation**

### **The wheelchair**

Mr. Angelino was known to be very vain and a spender. By making loans, he bought everything he wanted, until one day his creditors complained so much that he nearly went to jail. Desperate and without money, Angelino, throws himself under the wheels of a city train. Years later, after much suffering and begging, he reincarnated without hearing and unable to walk.

### **With valves in her head**

Rosenilda was never tired of talking. From house to house she made a neighbor or a relative listen to her.

She never paid attention to what she said not to hurt other people. She spared nobody, not even her sisters. She planted so much with her tongue that she even destroyed some marriages. She had a great number of enemies. Time passes and, in another life, there is Rosenilda, coming and going from one hospital to another. She has hydrocephalus, her head is now hollow, and it has more water than brains.

### **He lost his memory**

Commander Flores owned land, cattle and a lot of money. To one of his children he promised to help him in

his studies. To his daughter he was going to give her a house. At the Santa Casa (Public Hospital) he left a message that he would bring sacks of groceries. Manezinho was a poor and sick neighbor and Commander Flores was to visit and take him the medicines he needed. The Church women were asking for donations to charity and he promised to help. Passing from one life to another, Commander Flores lives forgetting everything he is told, and suffers now from Alzheimer.

### **A street dancer**

Leocadia always found an excuse to humiliate. She owned a castle and felt she had the right to approve or condemn. She never lost, however, the opportunity to disregard her guests, or expose them to her mockery. She criticized their clothes, or their hairstyle, and always belittled the intelligence of an authority. She mocked the poor attitude of someone renowned, who "squandered" money in charity. She made her humble servants walk before her to snub them so they could see how firm she was when she gave orders.

Some lives later, Leocadia is in Bom Jesus, runs around in rags through the streets, swinging her arms and legs, grimacing and babbling like a child. At the Santa Casa (Public Hospital), they say she suffers from chorea, the doctor says she suffers from the dance of Saint Vitus. But that is not a reason for her to be scorned by the street children, who follow and imitate her.

## A very strict boss

Today, we do not find a doctor like doctor Rolando Tenuto, from the Clinical Hospital in Sao Paulo. The year was 1965. He walked through the ward followed by a "train" of assistants, some even older than him, but always keeping at a respectful distance. There was a strict hierarchy to talk to him. This year I was the last in line.

Everything, however, changed when the surgery took place. It was a great dispute and victory to be scaled to make part of the team that would help him operate a brain tumor. Total silence, and there I was at his side, unable to open my mouth, watched by the other assistants. All of a sudden, he asks me:

- Are you related to Dr. Ivone Facure, anesthesiologist?

- I do not know her, Professor – I answered.

- I went with her to a materialization session - said Professor Tenuto.

I asked him:

- I am a Spiritist and would like to know what you thought about it.

- First, we felt a pleasant aroma, then a soft music. When we were told that it was the famous singer,

Francisco Alves, I did not believe that I was listening to him sing.

- And were you convinced of the phenomenon? – My legs went weak with the thought of having being so bold, and the other assistants looked at me as if saying, “We are going to kill you outside, your inconvenient brat”.

Professor Tenudo then told me quietly:

- I was greeted by some Spirits, I touched them and they felt damp and cold. I was very much afraid, indeed, I felt a terrible fear.

## A tire burst

Some of the stories I am telling you are true and really happened, but others were made up. On some passages, I ask God to give me due discount when I omit or exaggerate. But now this story is one that deserves record and credit:

It happened around 1976. We invited the famous professor Lefevre, the most famous neurologist in Brazil, for a lecture here in Campinas - a special class at the amphitheater of the old and decayed Santa Casa (Public Hospital), the famous "Paulistao" dirty and without any comfort, but full of stories of those Master Classes of Doctoral Theses at the beginning of Medical School. The Thesis defenses, at that time, were a social and gallant spectacle.

I enjoyed the lessons, as well as visiting the ward and attending meetings where cases were discussed at the CH in Sao Paulo in the 1960s, at the time of Professor Lefevre. An undisputed founder of Brazilian Neurology, he made history in this area and to this day no one even approached his merits and geniality.

Antonio Branco Lefevre was a dashing figure, an imposing individual, charismatic, he could appear in any of the epic movie of the time – he could have been Caesar or the Godfather. But his character and his

gentleness when he talked, with a particular way of speaking, left the students and assistants magnetized – at every bed we stopped for him to give his medical opinion, there was an escort of loyal lady followers – it was not flattery, because he did not allow that, it was fascination.

At the end of every morning, at the neurology ward of the CH, we stood next to him, in the hallway, to listen to him talk about the politics of the left, showing to be a man committed to a romantic socialist ideal – the philosophical left of the USP at that time.

When I came to Campinas, I gave some pediatric neurology classes complemented with a classic film in which Professor Lefevre explained the neurological examination techniques of the newborn. Year after year, this film was shown in the different groups passing by neurology. Modernity has brought progress, but not with the same competence of Professor Lefevre in dealing with his own hands the delicate little body of babies. Perhaps, like everything that ages, the new generations of young neurologists do not even know where is this film, a relic, any longer - poor country that disposes of the experience of old teachers.

Once Professor Lefevre came to Campinas, and I got a call. It was from Professor Spina-France, famous for his Germanic rigidity. He wanted to give me a private message: “ Professor Nubor, a man is in your hands, Professor Lefevre, to whom you must give all possible protection. Let nothing happen to him.



A thousand things crossed my mind, my heart was beating out of my chest, my legs trembled, and I do not even recall the title of the lesson. It was in 1976, and this says almost everything.\* At the time, Dr. Moreira worked with us making the electroencephalograms. I summoned him and asked my wife to quickly come and meet us (at the time she was our nurse).

After the lesson, we put the Professor, who was candidly calm, in the car, a brown Ford Galaxie LTD, and the four of us went to Sao Paulo. When passing in Louveira, we heard a loud bang. Dr. Moreira said, "A tire burst". So far, this had never happened to me, but it had to happen just with Professor Lefevre, strongly recommended by Professor Pina. It was useless to have promised that we would give him the maximum protection – was it by chance? It happened precisely in Anhanguera, the highway? At that time, only a "lost cat" would pass there. I did not even have the strength to get out of the car, but providentially I thank Dr. Moreira until today - he changed the tire and we delivered Professor Lefevre safe and sound. This brilliant man died years later of complications in a silly heart surgery where thousands would have come out safe.

**\* Translator's note:**

Brazil was ruled by the authoritarian military dictatorship from March 31, 1964 to March 15, 1985.

## Grandma Januaria

It is now six years that Danilo, her grandson, pushes her wheelchair from one place to another at Grandma Januaria's house, or on the steep streets of the town of Morro Agudo, in Minas Gerais. Her right leg needs to be stretched due to a smelly wound that does not heal since she was bitten by a spider. Twice a day, Danilo makes a curative with homemade herbs, ointments and moisturizing creams, keeping the wound bandaged without, however, that strange smell disappearing.

Januaria was married for 25 years to Denival, a bricklayer, until he left with the excuse of looking for work "out there". His dream was to go to the "mining" in Goias. His ambition was the diamonds they sifted on the river banks that time.

Of the five children of Januaria only Carminha, Danilo's mother, used to help her and keep her company for a few hours. The grandson, despite his 12 years of age, did all the home assignments after Januaria was in her wheelchair.

Januaria, Denival, Carminha and Danilo scheduled this meeting in Morro Agudo for the redemption of their mutual commitments in the old Spain at the time of the American colonization – it was almost two hundred years of waiting for this life of sacrifice in Minas Gerais, with

the purpose of finally becoming free of the errors of the past.

Januaria, using influential friends, managed to deport her husband, Denival, so that she could stay with his gold, brought from America by Spanish sailors. Then, by gossiping, she managed to destroy a happy marriage between Danilo and Carminha, and ran away with him to the interior of Portugal. It was a tumultuous journey through the storms of the rainy season, and she told the carriage driver to hurry. Because of the speed they were, he fell from his seat and broke both legs.

Although she was rich, living with Danilo, a passion to which she was not entitled to, Januaria, eaten by remorse, ages early and dies alone in a large house near the city of Coimbra.

Reincarnation brings people to us, who come to help us in our spiritual evolution.

Difficulties, diseases, loves that leave us, are part of the good and evil that we, ourselves, plant. They are what we need for our redemption and growth.

## Anxiety

Dr. Mauricio sits in front of me and we chat about the difficulties we found in our life, how we struggled, when 20 years ago, he was sharing patients with me.

We asked each other: do the present medicines for anxiety, cure it?

Maurice, let me go through this week's cases with you. Let us see:

Renata remains very distressed because she does not know how to make ends meet, and can no longer control her spending.

Carlos suffers with a strong pain in his stomach, and is upset with the gossiping at the office.

Mrs. Deborah thinks her husband is unaware of their needs, lives for his work at the company, and does not care about her.

Gilmar never finds time to study and comes here complaining of the teachers, who pursue him.

Marcela came to ask for another time off work, because she cannot stand any longer the eccentricities of her boss.

Mrs. Dulce asks to be relocated at school, since the students are very aggressive and undisciplined, and she is old and often suffers from tachycardia.

Mariana lives discussing and arguing with her niece. There are no arguments that will make her help in the care of the house.

Fernandinho hardly gets out of bed, he left school and College and wants his mother to buy him a new mobile.

Mr. Jonas left the Spiritist Centre, and cannot sleep, stopped walking and says he does not like the new board of directors of the Centre.

Abigail left work in the Cooperative. She said that lately she is the only one that works, while the others do nothing at all.

### **Homework**

Drugs can calm down the brain and quiet the body, but only the spiritual growth calms the soul.

## **Communication through thought – Mrs. Lydia**

Mrs. Lydia is on the porch of her farm totally absent minded and staring at the rose garden beside her. This involuntary distraction makes it easier to receive the mental waves that her husband is sending her. A strong remembrance of her husband comes to her mind and he seems to be holding a briefcase.

Suddenly, the phone rings - it's her husband very distressed and asking her to mail him the folder with the documents that he had left behind in the farm.

Telepathic transmissions are short messages, sometimes only a word or the image of an object. It occurs among people with a strong emotional connection and during moments of relaxation or even mild drowsiness.

We've all received them very often, but we do not give it its due importance.

## Automatic writing

A certain afternoon, when one could already feel winter coming to Paris, in the old house of the Delboeuf's family, the girls, Leonie and Lucie, are making notes in their notebooks. Leonie suddenly rises, goes to the shelf and picks up one of her books. It would seem a normal and common gesture, but the young girl picks up her pencil and writes what appears to be a message: get up, pick up your book and write down that you are to come to the hospital on Tuesday.

It is four months now that the two young girls attend weekly the consulting room of Professor Janet, who works on sleepwalking and automatic writing. What has just occurred was caused during the morning experiment when Professor Janet implemented a post-somnambulistic suggestion so that Leonie would fulfill certain tasks when she was studying.

In the following days the two girls, were put on hypnotic sleep, wrote one page after another on various topics. There is nothing surprising in these texts. They are memories they both bring to their minds and old memories.

By training them, the automatic writing now occurs without the need of the somnambulistic trance. What is interesting is that Professor Janet found out that he can

make mental suggestions to both of them. And they can mentally capture an occasional word and they can reproduce the word that is coming from the Professor's mind.

What our Professor of Neurology wanted to prove is that the automatic writing is the same as the psychographics written by mediums, thus discrediting the "mediumship" that several of his colleagues had been studying at that time.

### **Homework**

Automatic writing is a common physiological phenomenon and should not be mistaken by spiritual entities' manifestations.



## **Animal magnetism**

From Vienna to Paris Dr. Mesmer made extraordinary cures with the magnetizing method and production of a somnambulistic "crisis". To his fellow doctors it was all fruit of his imagination.

Mesmer cured a seizure patient, a young musician who was blind since she was 7 years old and all sorts of neurotics, who used to go to the court of Marie Antoinette.

The dean of the Faculty of Medicine of Austria was invited to witness the effects of magnetism. He was placed standing in the doorway where he could see two rooms. In one of them was Mesmer and in the other a patient standing in the middle of the room. Mesmer pointing to the patient shook his arm to one side and the other - the patient, who could not see him, performed a similar move, shaking his body to either side. When Mesmer turned his arm around, the patient copied the same movement.

The Rector was taken to the room of a person in convulsions and, as soon as Mesmer touched her hand, she had a crisis of intense contractions. The Rector also touched the patient and nothing happened. Mesmer also magnetized the objects and, six glasses were brought from the kitchen, and he asked the Rector to choose one

of them, which glass should be magnetized. When the Rector touched the patient with the magnetized glass, she went into a convulsion. And as a final surprise, Mesmer magnetizes the Rector's hand and he then was also capable of producing seizure crisis on the patient.

### **Homework**

It is good to know that everything we touch, specially our personal belongings, is impregnated with our magnetism.

## The Spirit that read books

Dr. Moses was demanding and cautious in his research. He was searching for reliable evidence. He and another five teachers, from his circle of friends, gathered in the hall of his library with two experienced mediums that France was beginning to know. They had witnessed the automatic writing, drawings of faces, unmistakably complex texts, capturing of thoughts at a distance, examples of clairvoyance and even diagnosis of diseases among the people assisting.

Dr. Moses begins his interrogation that night. He asks the Spirit incorporated in the medium, Lisete Roux:

- Can you read a closed book?

- No, I cannot. However, here is someone who can, my friend Philip.

- How does he do it?

- He "magnetizes" the phrase he wants to read.

Dr. Moses goes on and asks Philip:

- Here is a book on our table. What is written on page 232?

Lisete then takes the pen and writes: "Humanity is facing a new era".

The text was in exactly those words.

There was still a chance of it having been a simple transmission of thought from some of the teachers present there.

Philip then makes a new experience:

He writes through Charlotte's hand, the other medium present: "Death is an illusion, man will go through numerous experiences in both planes of life to achieve perfection" and added: look in Book 4, page 137, third line, on the bookshelf on the right side of the room.

Dr. Moses stood up and confirmed the truth. The Spirit could read books and what had been written through Charlotte's hand was confirmed.

## Evidence of survival

The medium Mrs. Piper, had returned to Boston that year, 1886, and twice a week a group of 15 to 20 people gathered at her home in search of information regarding their deceased relatives - the only answer that mattered to the goers was the confirmation that the relatives were alive and gave evidence of their real identity.

Mrs. Piper was a friend of William James, the famous physician and philosopher, founder of American psychology. Often, it was he, who chose the guests to go to the meeting at Mrs. Piper's.

Two Spirits became familiar repeating their presence in more than 500 meetings with the medium. Most of the time, she went into a trance and manifested through automatic writing, and more frequently she answered the guests verbally.

Failures were not rare, occasions when the information was not accepted as true, and sometimes there was no communication at all, causing a certain disappointment in the audience.

What surprised him, however, is that on several occasions she disclosed facts of a total intimacy and peculiarities that only a particular person to whom the message was addressed could know:

- Details of the mother's death.

- Unfinished manuscripts.
- Letters that were not posted.
- A disclosure of certain facts that were upsetting the Spirit and he needed to inform the family about them.
- Sharing of the inheritance that distressed the dead.

These communications were given directly by the Spirit evoked at the meeting, or by the familiar Spirits of the medium, Phinuit and Georges. The latter was more expansive and ready to help with answers.

On a certain occasion one of the regulars, Mr. Hart, wanted to challenge the medium saying that Georges was his cousin and asking if he could give him a definite proof of his survival. Was it really Georges or was it a farce of the medium?

Then answer came from the medium:

- Georges says he was a counselor in his past live and died at the age of 32. On the day of his funeral Hart's stepmother took the cufflinks off the body lying there and gave them to his brother, who later gave them to Hart, who was using them that very moment.

The End